



NUTRITIONAL INFORMATION

★ **GUIDE** ★





Golden Crust

EXPRESS GOLDEN CRUST PIZZA

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MINI																										
All-Meat Combo	Golden	Mini	1/4	95	240	13	5	0	35	650	20	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Golden	Mini	1/4	89	210	10	4.5	0	30	520	19	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Golden	Mini	1/4	80	180	6	2.5	0	20	300	23	1	5	9	X	-	-	-	-	-	X	X	-	X	-	
Beef	Golden	Mini	1/4	79	190	8	4	0	25	410	19	1	1	9	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Golden	Mini	1/4	82	180	8	3	0	20	540	18	1	1	9	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Golden	Mini	1/4	62	150	6	2.5	0	10	210	18	1	1	6	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Golden	Mini	1/4	81	220	12	4	0	30	390	18	1	1	11	X	X	-	-	-	-	X	X	X	X	-	
Chicken Taco	Golden	Mini	1/4	106	190	8	3.5	0	25	360	20	1	2	11	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Golden	Mini	1/4	93	200	9	4	0	25	500	20	1	2	9	X	-	-	-	-	-	X	X	-	X	-	
Ham	Golden	Mini	1/4	66	150	6	2.5	0	15	250	18	1	1	6	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Golden	Mini	1/4	86	180	7	3	0	20	320	20	1	3	8	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Golden	Mini	1/4	88	210	10	4.5	0	25	490	19	1	2	9	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Golden	Mini	1/4	89	220	12	5	0	25	460	19	1	2	9	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Golden	Mini	1/4	64	160	7	3	0	15	250	18	1	1	6	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Golden	Mini	1/4	80	190	8	3.5	0	20	450	19	1	1	9	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Golden	Mini	1/4	110	220	10	4.5	0	30	540	21	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Golden	Mini	1/4	82	170	7	3	0	20	320	19	1	2	8	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Golden	Mini	1/4	115	220	11	5	0	30	530	21	1	2	10	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Golden	Mini	1/4	108	210	10	4.5	0	30	500	20	1	2	10	X	-	-	-	-	-	X	X	X	X	-	
The Don	Golden	Mini	1/4	85	200	9	4	0	25	440	19	1	2	9	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Golden	Mini	1/4	86	160	6	2.5	0	10	260	19	1	2	6	X	-	-	-	-	-	X	X	-	X	-	
MEDIUM																										
All-Meat Combo	Golden	Medium	1/8	117	300	15	7	0	40	720	26	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Golden	Medium	1/8	110	280	13	6	0	35	600	26	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Golden	Medium	1/8	103	240	9	4	0	25	380	30	1	5	11	X	-	-	-	-	-	X	X	-	X	-	
Beef	Golden	Medium	1/8	102	250	11	5	0	30	480	26	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Golden	Medium	1/8	103	240	10	4.5	0	25	620	25	1	1	11	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Golden	Medium	1/8	84	210	8	4	0	15	280	25	1	2	8	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Golden	Medium	1/8	100	270	13	5	0	35	430	25	1	1	13	X	X	-	-	-	-	X	X	X	X	-	
Chicken Taco	Golden	Medium	1/8	135	270	12	6	0	35	470	27	1	2	15	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Golden	Medium	1/8	118	270	13	6	0	30	610	27	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Ham	Golden	Medium	1/8	95	220	9	4	0	25	400	25	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Golden	Medium	1/8	116	250	10	4.5	0	25	470	28	1	5	12	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Golden	Medium	1/8	113	280	14	6	0	35	600	26	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Golden	Medium	1/8	113	290	15	7	0	35	570	26	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Golden	Medium	1/8	91	240	12	5	0	25	400	25	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Golden	Medium	1/8	102	250	11	5	0	25	520	26	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Golden	Medium	1/8	141	310	15	7	0	40	720	28	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Golden	Medium	1/8	111	240	10	4.5	0	25	470	26	1	3	11	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Golden	Medium	1/8	143	300	15	7	0	40	640	28	1	3	14	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Golden	Medium	1/8	137	290	14	7	0	40	610	27	1	3	14	X	-	-	-	-	-	X	X	X	X	-	
The Don	Golden	Medium	1/8	117	290	15	7	0	40	570	26	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Golden	Medium	1/8	108	220	9	4	0	15	330	26	1	2	9	X	-	-	-	-	-	X	X	-	X	-	

EXPRESS GOLDEN CRUST PIZZA CONT.

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
LARGE																										
All-Meat Combo	Golden	Large	1/10	130	340	17	8	0	45	790	29	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Golden	Large	1/10	127	320	15	7	0	45	710	29	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Golden	Large	1/10	117	280	10	5	0	30	430	34	1	6	13	X	-	-	-	-	-	X	X	-	X	-	
Beef	Golden	Large	1/10	116	280	13	6	0	35	550	28	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Golden	Large	1/10	118	280	13	5	0	35	700	28	1	1	13	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Golden	Large	1/10	95	230	10	4.5	0	20	320	27	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Golden	Large	1/10	117	320	16	6	0	45	530	27	1	1	16	X	X	-	-	-	-	X	X	X	X	-	
Chicken Taco	Golden	Large	1/10	155	310	14	7	0	45	540	29	1	3	17	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Golden	Large	1/10	135	310	15	7	0	40	710	30	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Ham	Golden	Large	1/10	106	240	10	5	0	25	450	27	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Golden	Large	1/10	131	280	11	5	0	30	530	30	1	4	13	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Golden	Large	1/10	129	320	16	7	0	40	690	29	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Golden	Large	1/10	129	330	18	8	0	40	650	29	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Golden	Large	1/10	103	270	13	6	0	30	440	27	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Golden	Large	1/10	116	290	13	6	0	30	600	29	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Golden	Large	1/10	163	350	18	8	0	50	830	30	2	3	17	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Golden	Large	1/10	125	270	11	5	0	30	530	29	1	3	13	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Golden	Large	1/10	166	350	18	9	0	50	750	31	1	3	16	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Golden	Large	1/10	158	340	17	8	0	45	710	30	1	3	16	X	-	-	-	-	-	X	X	X	X	-	
The Don	Golden	Large	1/10	133	330	17	8	0	45	660	29	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Golden	Large	1/10	124	250	10	4.5	0	20	380	29	2	2	10	X	-	-	-	-	-	X	X	-	X	-	
JUMBO																										
All-Meat Combo	Golden	Jumbo	1/12	172	440	21	9	0	55	1010	42	1	3	21	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Golden	Jumbo	1/12	164	410	18	8	0	50	870	42	2	3	19	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Golden	Jumbo	1/12	153	370	12	6	0	35	550	47	2	7	16	X	-	-	-	-	-	X	X	-	X	-	
Beef	Golden	Jumbo	1/12	152	370	15	7	0	45	690	41	1	3	17	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Golden	Jumbo	1/12	160	370	16	6	0	40	990	41	2	2	17	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Golden	Jumbo	1/12	129	320	12	6	0	25	430	40	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Golden	Jumbo	1/12	153	420	20	7	0	50	670	40	1	2	19	X	X	-	-	-	-	X	X	X	X	-	
Chicken Taco	Golden	Jumbo	1/12	196	410	17	8	0	50	680	42	2	3	21	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Golden	Jumbo	1/12	174	410	18	8	0	45	870	43	2	3	18	X	-	-	-	-	-	X	X	-	X	-	
Ham	Golden	Jumbo	1/12	143	330	12	6	0	35	590	40	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Golden	Jumbo	1/12	166	360	14	6	0	35	660	43	2	5	16	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Golden	Jumbo	1/12	167	410	19	9	0	45	850	42	2	3	17	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Golden	Jumbo	1/12	167	430	21	9	0	45	810	42	2	3	17	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Golden	Jumbo	1/12	138	370	16	8	0	35	590	40	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Golden	Jumbo	1/12	159	380	16	7	0	35	770	42	1	3	17	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Golden	Jumbo	1/12	205	450	21	10	0.5	60	1010	44	2	3	21	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Golden	Jumbo	1/12	169	380	15	7	0	45	670	42	2	4	18	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Golden	Jumbo	1/12	209	450	21	10	0.5	60	910	44	2	4	20	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Golden	Jumbo	1/12	200	430	20	10	0.5	55	870	43	2	4	20	X	-	-	-	-	-	X	X	X	X	-	
The Don	Golden	Jumbo	1/12	172	430	20	10	0	55	810	42	2	3	20	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Golden	Jumbo	1/12	161	330	12	6	0	25	500	42	2	3	13	X	-	-	-	-	-	X	X	-	X	-	

Pizza By The Slice



EXPRESS PIZZA BY THE SLICE

PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
All Meat Combo	Golden	Large	1/8	163	420	21	10	0	60	990	36	1	3	20	X	-	-	-	-	-	X	X	-	X	-
BBQ Chicken	Golden	Large	1/8	146	350	13	6	0	40	540	42	1	7	16	X	-	-	-	-	-	X	X	-	X	-
Bacon Cheeseburger	Golden	Large	1/8	159	400	19	9	0.5	55	880	36	1	3	19	X	-	-	-	-	-	X	X	-	X	-
Beef	Golden	Large	1/8	145	350	16	8	0	45	690	36	1	2	16	X	-	-	-	-	-	X	X	-	X	-
BLT	Golden	Large	1/8	175	400	22	8	0	45	670	35	1	3	16	X	X	-	-	-	-	X	X	X	X	-
Buffalo Chicken	Golden	Large	1/8	148	350	16	6	0	40	880	35	1	2	16	X	X	-	-	-	-	X	X	X	X	-
Cheese	Golden	Large	1/8	119	290	12	6	0	25	390	34	1	2	12	X	-	-	-	-	-	X	X	-	X	-
Chicken Bacon Ranch	Golden	Large	1/8	146	400	20	7	0	55	660	34	1	2	20	X	X	-	-	-	-	X	X	X	X	-
Classic Combo	Golden	Large	1/8	169	390	19	8	0	50	880	37	2	3	17	X	-	-	-	-	-	X	X	-	X	-
Ham	Golden	Large	1/8	133	310	12	6	0	35	560	34	1	2	14	X	-	-	-	-	-	X	X	-	X	-
Hawaiian	Golden	Large	1/8	164	350	14	7	0	40	660	38	1	5	16	X	-	-	-	-	-	X	X	-	X	-
Hot Stuff	Golden	Large	1/8	161	400	20	9	0	50	860	36	1	3	17	X	-	-	-	-	-	X	X	-	X	-
Humble Pie	Golden	Large	1/8	162	410	22	10	0	50	820	36	1	3	17	X	-	-	-	-	-	X	X	-	X	-
Italian Sausage	Golden	Large	1/8	146	390	20	9	0	40	740	35	1	2	16	X	-	-	-	-	-	X	X	-	X	-
Mushroom	Golden	Large	1/8	132	300	12	6	0	25	390	35	1	2	12	X	-	-	-	-	-	X	X	-	X	-
Pepperoni	Golden	Large	1/8	128	340	16	8	0	40	550	34	1	2	14	X	-	-	-	-	-	X	X	-	X	-
Sausage	Golden	Large	1/8	145	360	16	7	0	40	750	36	1	2	16	X	-	-	-	-	-	X	X	-	X	-
Sausage & Pepperoni	Golden	Large	1/8	131	350	16	8	0	40	630	35	1	2	15	X	-	-	-	-	-	X	X	-	X	-
Taco	Golden	Large	1/8	197	420	21	10	0.5	60	890	38	1	4	20	X	-	-	-	-	-	X	X	X	X	-
Taco Pie With Chips	Golden	Large	1/8	208	480	24	11	0.5	60	960	45	1	4	21	X	-	-	-	-	-	X	X	X	X	-
The Don	Golden	Large	1/8	167	420	21	10	0.5	55	820	36	1	3	20	X	-	-	-	-	-	X	X	-	X	-
Veggie	Golden	Large	1/8	155	310	13	6	0	25	470	36	2	3	12	X	-	-	-	-	-	X	X	-	X	-



Thin Crust

EXPRESS THIN CRUST PIZZA

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MINI																										
All-Meat Combo	Thin	Mini	1/4	73	200	12	5	0	35	540	10	0	1	10	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Thin	Mini	1/4	66	170	9	4.5	0	30	410	10	0	1	9	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Thin	Mini	1/4	58	140	5	2.5	0	20	200	14	0	4	7	X	-	-	-	-	-	X	X	-	X	-	
Beef	Thin	Mini	1/4	57	140	8	3.5	0	25	300	10	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Thin	Mini	1/4	60	140	8	3	0	20	430	9	0	0	7	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Thin	Mini	1/4	40	100	5	2.5	0	10	100	9	0	1	4	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Thin	Mini	1/4	58	180	11	3.5	0	30	280	9	0	0	9	X	X	-	-	-	-	X	X	X	X	-	
Chicken Sausage Italiano	Thin	Mini	1/4	64	130	7	3	0	20	220	10	0	2	7	X	-	-	-	-	-	X	X	-	X	-	
Chicken Taco Pie	Thin	Mini	1/4	83	150	7	3.5	0	25	250	10	0	1	9	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Thin	Mini	1/4	71	150	9	4	0	25	400	11	1	1	8	X	-	-	-	-	-	X	X	-	X	-	
Ham	Thin	Mini	1/4	43	100	5	2.5	0	15	140	9	0	1	5	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Thin	Mini	1/4	64	130	6	3	0	20	210	11	0	3	6	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Thin	Mini	1/4	66	160	10	4.5	0	25	380	10	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Thin	Mini	1/4	66	170	11	4.5	0	25	350	10	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Italian Sausage	Thin	Mini	1/4	58	160	10	4.5	0	25	330	9	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Thin	Mini	1/4	42	110	6	3	0	15	140	9	0	1	5	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Thin	Mini	1/4	57	140	8	3.5	0	20	340	10	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Taco Pie	Thin	Mini	1/4	85	170	9	4.5	0	30	390	11	0	2	9	X	-	-	-	-	-	X	X	X	X	-	
The Don	Thin	Mini	1/4	63	150	8	4	0	25	340	10	0	1	8	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Thin	Mini	1/4	64	110	5	2.5	0	10	160	10	1	1	5	X	-	-	-	-	-	X	X	-	X	-	
SMALL																										
All-Meat Combo	Thin	Small	1/6	99	270	16	7	0	45	680	16	0	1	14	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Thin	Small	1/6	89	230	13	6	0	40	500	16	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Thin	Small	1/6	76	190	8	3.5	0	25	230	18	0	4	9	X	-	-	-	-	-	X	X	-	X	-	
Beef	Thin	Small	1/6	77	200	10	5	0	30	350	15	0	1	10	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Thin	Small	1/6	79	190	10	4	0	25	540	14	1	0	9	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Thin	Small	1/6	60	160	8	3.5	0	20	150	14	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Thin	Small	1/6	76	230	14	5	0	40	330	13	0	0	12	X	X	-	-	-	-	X	X	X	X	-	
Chicken Sausage Italiano	Thin	Small	1/6	91	190	10	4	0	25	270	16	1	2	9	X	-	-	-	-	-	X	X	-	X	-	
Chicken Taco Pie	Thin	Small	1/6	112	210	11	5	0	35	330	16	1	2	12	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Thin	Small	1/6	103	240	13	6	0	35	560	17	1	1	11	X	-	-	-	-	-	X	X	-	X	-	
Ham	Thin	Small	1/6	69	170	8	4	0	25	260	14	0	1	8	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Thin	Small	1/6	91	200	10	4.5	0	30	350	16	1	3	10	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Thin	Small	1/6	96	240	15	6	0	40	550	16	1	1	11	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Thin	Small	1/6	91	240	15	6	0	30	430	15	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Thin	Small	1/6	66	190	11	5	0	25	250	14	0	1	8	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Thin	Small	1/6	77	200	11	4.5	0	25	390	15	0	1	9	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Thin	Small	1/6	127	260	15	7	0	45	650	17	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Thin	Small	1/6	90	190	10	4.5	0	30	350	16	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Thin	Small	1/6	123	240	14	6.2	0	40	510	17	1	2	11	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Thin	Small	1/6	115	230	13	6	0	35	470	17	1	2	11	X	-	-	-	-	-	X	X	X	X	-	
The Don	Thin	Small	1/6	97	240	14	7	0	40	500	16	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Thin	Small	1/6	92	170	8	4	0	20	220	16	1	2	7	X	-	-	-	-	-	X	X	-	X	-	
MEDIUM																										
All-Meat Combo	Thin	Medium	1/8	92	260	15	7	0	40	580	16	0	1	13	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Thin	Medium	1/8	85	230	13	6	0	35	460	16	1	1	11	X	-	-	-	-	-	X	X	-	X	-	

EXPRESS THIN CRUST PIZZA CONT.

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MEDIUM																										
BBQ Chicken	Thin	Medium	1/8	77	200	8	4	0	25	230	20	1	4	10	X	-	-	-	-	-	X	X	-	X	-	
Beef	Thin	Medium	1/8	76	210	11	5	0	30	340	16	0	1	10	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Thin	Medium	1/8	78	200	10	4	0	25	480	15	1	0	10	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Thin	Medium	1/8	59	160	8	4	0	20	140	15	0	1	7	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Thin	Medium	1/8	75	220	13	4.5	0	35	290	15	0	0	12	X	X	-	-	-	-	X	X	X	X	-	
Beef	Thin	Medium	1/8	76	210	11	5	0	30	340	16	0	1	10	X	-	-	-	-	-	X	X	-	X	-	
Chicken Sausage Italiano	Thin	Medium	1/8	99	210	11	4.5	0	30	340	18	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Chicken Taco Pie	Thin	Medium	1/8	109	220	12	5	0	35	320	16	0	2	13	X	-	-	-	-	-	X	X	X	X	-	
Classic Combo	Thin	Medium	1/8	93	230	13	6	0	35	470	17	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Ham	Thin	Medium	1/8	70	170	8	4	0	25	260	15	0	1	8	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Thin	Medium	1/8	90	200	10	4.5	0	30	330	17	1	3	10	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Thin	Medium	1/8	92	250	15	7	0	35	490	17	1	1	11	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Thin	Medium	1/8	88	250	15	6	0	35	430	16	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Thin	Medium	1/8	66	200	11	5	0	25	260	15	0	1	8	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Thin	Medium	1/8	77	210	11	5	0	25	380	16	0	1	10	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Thin	Medium	1/8	116	270	15	7	0	45	580	18	1	1	13	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Thin	Medium	1/8	86	200	10	4.5	0	30	330	17	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Thin	Medium	1/8	118	260	15	7	0	40	490	18	1	2	12	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Thin	Medium	1/8	112	250	14	7	0	40	460	17	1	2	12	X	-	-	-	-	-	X	X	X	X	-	
The Don	Thin	Medium	1/8	91	250	14	7	0	40	430	16	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Thin	Medium	1/8	83	170	8	4	0	20	190	16	1	1	7	X	-	-	-	-	-	X	X	-	X	-	
LARGE																										
All-Meat Combo	Thin	Large	1/10	105	290	17	7	0	45	640	18	0	1	14	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Thin	Large	1/10	102	280	15	7	0	45	560	19	1	1	14	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Thin	Large	1/10	92	240	10	4.5	0	30	280	24	1	5	11	X	-	-	-	-	-	X	X	-	X	-	
Beef	Thin	Large	1/10	91	240	13	6	0	35	400	19	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Thin	Large	1/10	94	240	13	5	0	35	560	18	1	1	12	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Thin	Large	1/10	70	200	10	4.5	0	20	170	18	1	1	8	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Thin	Large	1/10	92	280	16	6	0	45	380	17	1	0	14	X	X	-	-	-	-	X	X	X	X	-	
Chicken Sausage Italiano	Thin	Large	1/10	105	240	12	5	0	30	310	20	1	2	11	X	-	-	-	-	-	X	X	-	X	-	
Chicken Taco Pie	Thin	Large	1/10	129	270	14	7	0	45	380	19	0	2	15	X	-	-	-	-	-	X	X	-	X	-	
Classic Combo	Thin	Large	1/10	110	270	15	7	0	40	560	20	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Ham	Thin	Large	1/10	82	210	10	4.5	0	25	300	18	1	1	10	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Thin	Large	1/10	107	240	11	5	0	35	380	21	1	3	12	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Thin	Large	1/10	104	280	16	7	0	40	540	19	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Thin	Large	1/10	105	290	18	8	0	40	500	19	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Thin	Large	1/10	78	230	13	6	0	30	290	18	1	1	9	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Thin	Large	1/10	91	250	13	6	0	30	450	19	1	1	12	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Thin	Large	1/10	138	310	18	8	0	50	680	21	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Thin	Large	1/10	101	230	11	5	0	35	380	19	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Thin	Large	1/10	140	310	18	8	0	50	590	21	1	2	14	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Thin	Large	1/10	132	290	17	8	0	45	560	21	1	2	14	X	-	-	-	-	-	X	X	X	X	-	
The Don	Thin	Large	1/10	109	290	17	8	0	45	510	19	1	1	14	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Thin	Large	1/10	99	210	10	4.5	0	20	230	19	1	1	8	X	-	-	-	-	-	X	X	-	X	-	
JUMBO																										
All-Meat Combo	Thin	Jumbo	1/12	127	360	21	9	0	55	780	23	1	1	18	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Thin	Jumbo	1/12	119	330	18	8	0	50	630	23	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Thin	Jumbo	1/12	108	280	12	5	0	35	320	27	0	6	13	X	-	-	-	-	-	X	X	-	X	-	
Beef	Thin	Jumbo	1/12	107	290	15	7	0	45	460	23	1	1	14	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Thin	Jumbo	1/12	112	280	16	6	0	40	660	21	0	1	13	X	X	-	-	-	-	X	X	X	X	-	

EXPRESS THIN CRUST PIZZA CONT.

PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
Chicken Bacon Ranch	Thin	Jumbo	1/12	108	330	20	7	0	50	430	20	0	1	16	X	X	-	-	-	-	X	X	X	X	-
Chicken Sausage Italiano	Thin	Jumbo	1/12	123	280	14	6	0	35	360	24	1	2	13	X	-	-	-	-	-	X	X	-	X	-
Chicken Taco	Thin	Jumbo	1/12	150	320	17	8	0	50	440	24	1	2	18	X	-	-	-	-	-	X	X	X	X	-
Classic Combo	Thin	Jumbo	1/12	128	320	18	8	0	45	640	24	1	1	15	X	-	-	-	-	-	X	X	-	X	-
Ham	Thin	Jumbo	1/12	98	250	12	6	0	35	360	21	1	1	12	X	-	-	-	-	-	X	X	-	X	-
Hawaiian	Thin	Jumbo	1/12	121	280	14	6	0	40	420	24	1	4	14	X	-	-	-	-	-	X	X	-	X	-
Hot Stuff	Thin	Jumbo	1/12	122	330	19	8	0	50	620	23	1	1	14	X	-	-	-	-	-	X	X	-	X	-
Humble Pie	Thin	Jumbo	1/12	122	340	21	9	0	45	580	23	1	1	14	X	-	-	-	-	-	X	X	-	X	-
Pepperoni	Thin	Jumbo	1/12	93	280	16	7	0	35	350	21	1	1	11	X	-	-	-	-	-	X	X	-	X	-
Sausage	Thin	Jumbo	1/12	114	290	15	7	0	35	540	24	1	1	14	X	-	-	-	-	-	X	X	-	X	-
Super Combo	Thin	Jumbo	1/12	160	370	21	10	0	60	780	25	1	2	18	X	-	-	-	-	-	X	X	-	X	-
Super Hawaiian	Thin	Jumbo	1/12	124	300	15	7	0	45	440	24	1	3	15	X	-	-	-	-	-	X	X	-	X	-
Super Taco Pie	Thin	Jumbo	1/12	163	360	21	10	0.5	60	670	25	1	2	17	X	-	-	-	-	-	X	X	X	X	-
Taco Pie	Thin	Jumbo	1/12	154	350	19	9	0.5	55	630	25	1	2	17	X	-	-	-	-	-	X	X	X	X	-
The Don	Thin	Jumbo	1/12	127	350	20	9	0	55	580	23	1	1	17	X	-	-	-	-	-	X	X	-	X	-
Veggie Pie	Thin	Jumbo	1/12	115	250	12	5	0	25	270	23	1	2	10	X	-	-	-	-	-	X	X	-	X	-

Mozaa-Loaded Crust



EXPRESS MOZZA-LOADED CRUST PIZZA

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MEDIUM																										
All-Meat Combo	Mozza-Loaded	Medium	1/8	134	360	20	9	0	50	900	29	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Mozza-Loaded	Medium	1/8	127	330	17	8	0	45	780	29	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Mozza-Loaded	Medium	1/8	119	300	13	6	0	35	560	32	1	5	13	X	-	-	-	-	-	X	X	-	X	-	
Beef	Mozza-Loaded	Medium	1/8	132	330	16	8	0	45	780	29	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Mozza-Loaded	Medium	1/8	120	300	15	6	0	35	800	28	1	1	13	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Mozza-Loaded	Medium	1/8	101	270	13	6	0	25	460	27	1	2	10	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Mozza-Loaded	Medium	1/8	119	340	18	7	0	45	640	27	1	1	16	X	X	-	-	-	-	X	X	X	X	-	
Classic Combo	Mozza-Loaded	Medium	1/8	330	330	17	8	0	40	790	29	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Ham	Mozza-Loaded	Medium	1/8	112	280	13	6	0	30	590	27	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Mozza-Loaded	Medium	1/8	132	300	14	6	0	35	650	30	1	4	14	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Mozza-Loaded	Medium	1/8	130	340	18	8	0	40	780	29	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Mozza-Loaded	Medium	1/8	130	350	20	9	0	40	750	29	1	2	14	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Mozza-Loaded	Medium	1/8	108	300	16	7	0	35	580	27	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Mozza-Loaded	Medium	1/8	119	310	16	7	0	35	700	29	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Mozza-Loaded	Medium	1/8	158	370	20	9	0	50	900	30	2	2	17	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Mozza-Loaded	Medium	1/8	128	300	14	6	0	35	650	29	1	3	13	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Mozza-Loaded	Medium	1/8	160	360	19	9	0.5	50	820	30	1	3	16	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Mozza-Loaded	Medium	1/8	154	350	19	9	0	50	790	30	1	3	16	X	-	-	-	-	-	X	X	X	X	-	
The Don	Mozza-Loaded	Medium	1/8	133	350	19	9	0	45	750	29	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Mozza-Loaded	Medium	1/8	125	270	13	6	0	25	520	29	2	2	11	X	-	-	-	-	-	X	X	-	X	-	
LARGE																										
All-Meat Combo	Mozza-Loaded	Large	1/10	147	390	22	10	0	55	980	31	1	2	18	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Mozza-Loaded	Large	1/10	144	370	20	9	0.5	55	900	31	1	2	17	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Mozza-Loaded	Large	1/10	134	340	15	7	0	40	620	36	1	6	15	X	-	-	-	-	-	X	X	-	X	-	
Beef	Mozza-Loaded	Large	1/10	133	340	17	8	0.5	45	740	31	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Mozza-Loaded	Large	1/10	135	340	17	7	0	40	890	30	1	2	15	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Mozza-Loaded	Large	1/10	112	290	14	7	0	30	510	29	1	2	12	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Mozza-Loaded	Large	1/10	134	380	21	8	0	55	720	29	1	1	18	X	X	-	-	-	-	X	X	X	X	-	
Classic Combo	Mozza-Loaded	Large	1/10	152	370	20	9	0	45	900	32	2	2	16	X	-	-	-	-	-	X	X	-	X	-	
Ham	Mozza-Loaded	Large	1/10	123	300	15	7	0	35	640	29	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Mozza-Loaded	Large	1/10	148	330	16	7	0	40	720	32	1	4	15	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Mozza-Loaded	Large	1/10	146	380	21	9	0	50	880	31	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Mozza-Loaded	Large	1/10	146	390	22	10	0	45	840	31	1	2	16	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Mozza-Loaded	Large	1/10	120	330	18	8	0	40	630	29	1	2	13	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Mozza-Loaded	Large	1/10	133	340	18	8	0	40	790	31	1	2	15	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Mozza-Loaded	Large	1/10	180	410	23	10	0.5	60	1020	33	2	3	19	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Mozza-Loaded	Large	1/10	142	330	16	7	0	40	720	31	1	3	15	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Mozza-Loaded	Large	1/10	183	410	22	11	0.5	60	940	33	2	3	18	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Mozza-Loaded	Large	1/10	175	390	21	10	0.5	55	900	32	1	3	18	X	-	-	-	-	-	X	X	X	X	-	
The Don	Mozza-Loaded	Large	1/10	150	390	21	10	0	55	850	31	1	2	18	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Mozza-Loaded	Large	1/10	143	320	17	7	0	30	650	31	2	2	12	X	-	-	-	-	-	X	X	-	X	-	

EXPRESS MOZZA-LOADED CRUST PIZZA CONT.

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
JUMBO																										
All-Meat Combo	Mozza-Loaded	Jumbo	1/12	190	510	27	12	0.5	70	1250	42	2	3	23	X	-	-	-	-	-	X	X	-	X	-	
Bacon Cheeseburger	Mozza-Loaded	Jumbo	1/12	182	480	24	11	0.5	65	1100	42	2	3	22	X	-	-	-	-	-	X	X	-	X	-	
BBQ Chicken	Mozza-Loaded	Jumbo	1/12	171	430	18	9	0	50	790	47	2	7	19	X	-	-	-	-	-	X	X	-	X	-	
Beef	Mozza-Loaded	Jumbo	1/12	170	440	21	10	0.5	55	930	42	2	3	19	X	-	-	-	-	-	X	X	-	X	-	
Buffalo Chicken	Mozza-Loaded	Jumbo	1/12	174	440	22	9	0	50	1130	41	2	2	19	X	X	-	-	-	-	X	X	X	X	-	
Cheese	Mozza-Loaded	Jumbo	1/12	146	380	18	8	0	35	660	40	2	2	15	X	-	-	-	-	-	X	X	-	X	-	
Chicken Bacon Ranch	Mozza-Loaded	Jumbo	1/12	171	490	26	10	0	60	900	40	2	2	22	X	X	-	-	-	-	X	X	X	X	-	
Classic Combo	Mozza-Loaded	Jumbo	1/12	191	470	24	11	0.5	55	1100	43	2	3	20	X	-	-	-	-	-	X	X	-	X	-	
Ham	Mozza-Loaded	Jumbo	1/12	161	400	18	9	0	45	830	40	2	2	17	X	-	-	-	-	-	X	X	-	X	-	
Hawaiian	Mozza-Loaded	Jumbo	1/12	184	430	20	9	0	50	890	43	2	5	19	X	-	-	-	-	-	X	X	-	X	-	
Hot Stuff	Mozza-Loaded	Jumbo	1/12	185	480	25	11	0.5	60	1090	42	2	3	20	X	-	-	-	-	-	X	X	-	X	-	
Humble Pie	Mozza-Loaded	Jumbo	1/12	185	490	27	12	0.5	55	1050	42	2	3	20	X	-	-	-	-	-	X	X	-	X	-	
Pepperoni	Mozza-Loaded	Jumbo	1/12	156	430	22	10	0.5	50	820	40	2	2	17	X	-	-	-	-	-	X	X	-	X	-	
Sausage	Mozza-Loaded	Jumbo	1/12	170	440	22	10	0	50	980	42	2	2	19	X	-	-	-	-	-	X	X	-	X	-	
Super Combo	Mozza-Loaded	Jumbo	1/12	223	520	28	13	0.5	70	1250	44	2	3	24	X	-	-	-	-	-	X	X	-	X	-	
Super Hawaiian	Mozza-Loaded	Jumbo	1/12	187	450	22	10	0.5	55	910	42	2	4	20	X	-	-	-	-	-	X	X	-	X	-	
Super Taco Pie	Mozza-Loaded	Jumbo	1/12	227	510	27	13	0.5	70	1150	44	2	4	22	X	-	-	-	-	-	X	X	X	X	-	
Taco Pie	Mozza-Loaded	Jumbo	1/12	218	500	26	12	0.5	65	1110	43	2	4	22	X	-	-	-	-	-	X	X	X	X	-	
The Don	Mozza-Loaded	Jumbo	1/12	190	500	26	12	0.5	65	1050	42	2	3	22	X	-	-	-	-	-	X	X	-	X	-	
Veggie Pie	Mozza-Loaded	Jumbo	1/12	178	400	18	8	0	35	730	42	2	3	16	X	-	-	-	-	-	X	X	-	X	-	



Light Line

EXPRESS THE DON'S LIGHT LINE

PRODUCT	NUTRITION														ALLERGENS											
	Size	Crust	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MEDIUM																										
Baja Taco	Medium	Thin	1/8	76	180	8	3.5	0	20	320	17	1	1	8	X	-	-	-	-	-	X	X	-	X	-	
Margherita	Medium	Thin	1/8	70	160	8	3	0	15	160	16	1	1	6	X	-	-	-	-	-	X	X	-	X	-	
Mediterranean Veggie	Medium	Thin	1/8	65	170	9	3	0	10	130	15	1	0	6	X	-	-	-	-	-	X	X	-	X	-	
Pesto Chicken Artichoke	Medium	Thin	1/8	61	170	8	3	0	20	170	14	0	0	8	X	-	-	-	-	-	X	X	-	X	-	
Pesto Chicken Spinach	Medium	Thin	1/8	69	170	8	3	0	20	190	15	1	0	8	X	-	-	-	-	-	X	X	-	X	-	
Pizza Rustica	Medium	Thin	1/8	72	160	7	3	0	15	220	16	1	1	6	X	-	-	-	-	-	X	X	-	X	-	
Sicilian Veggie	Medium	Thin	1/8	71	170	9	3	0	10	160	15	1	0	6	X	-	-	-	-	-	X	X	-	X	-	
LARGE																										
Baja Taco	Large	Thin	1/10	91	210	10	4	0	25	380	21	1	1	9	X	-	-	-	-	-	X	X	-	X	-	
Margherita	Large	Thin	1/10	83	190	10	3.5	0	15	190	19	1	2	7	X	-	-	-	-	-	X	X	-	X	-	
Mediterranean Veggie	Large	Thin	1/10	78	200	10	3.5	0	15	160	17	1	0	7	X	-	-	-	-	-	X	X	-	X	-	
Pesto Chicken Artichoke	Large	Thin	1/10	73	200	10	3.5	0	20	200	17	1	0	9	X	-	-	-	-	-	X	X	-	X	-	
Pesto Chicken Spinach	Large	Thin	1/10	83	200	10	3.5	0	20	230	17	1	0	10	X	-	-	-	-	-	X	X	-	X	-	
Pizza Rustica	Large	Thin	1/10	85	180	8	3.5	0	15	250	19	1	1	8	X	-	-	-	-	-	X	X	-	X	-	
Sicilian Veggie	Large	Thin	1/10	90	200	11	3.5	0	15	200	18	1	0	7	X	-	-	-	-	-	X	X	-	X	-	

Breakfast



EXPRESS BREAKFAST

PRODUCT	NUTRITION														ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
BREAKFAST PIZZAS																										
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Mini	1	321	700	31	13	0.5	180	1360	74	3	4	30	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	80	170	8	3.5	0	45	340	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	112	230	10	4	0	65	530	26	1	1	10	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Large	1/6	203	430	18	7	0	115	960	46	2	2	19	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Large	1/8	153	320	14	6	0	85	720	35	1	2	14	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Cheese Sauce Base	Golden	Large	1/10	122	260	11	4.5	0	70	580	28	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Mini	1	321	700	32	14	0.5	185	1250	73	3	5	31	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	80	180	8	3.5	0	45	310	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	112	230	10	4	0	65	490	25	1	2	11	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	203	430	19	8	0	120	880	46	2	3	20	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	153	320	14	6	0	90	660	35	1	2	15	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	122	260	11	4.5	0	70	530	28	1	2	12	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1	284	740	35	15	0.5	190	1470	71	3	3	33	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	71	180	9	3.5	0	45	370	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	96	240	11	4.5	0	65	510	25	1	1	11	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/6	175	450	21	8	0	115	920	45	2	2	19	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/8	131	340	16	6	0	90	690	34	1	1	15	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/10	105	270	12	5	0	70	550	27	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1	284	750	36	15	0.5	195	1360	71	3	3	33	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	71	190	9	4	0	50	340	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	96	250	12	4.5	0	65	460	25	1	1	11	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	175	450	21	9	0	120	850	45	2	2	20	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	131	340	16	6	0	90	630	34	1	2	15	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	105	270	13	5	0	70	510	27	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1	289	720	34	14	0.5	180	1460	73	3	3	31	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	72	180	8	3.5	0	45	370	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	104	250	12	4.5	0	65	580	26	1	1	11	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/6	189	460	21	8	0	115	1060	47	2	2	20	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/8	142	350	16	6	0	85	790	35	1	1	15	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/10	113	280	13	5	0	70	630	28	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1	289	730	35	15	0.5	185	1350	72	3	3	31	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	72	180	9	3.5	0	45	340	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	104	250	12	4.5	0	65	540	26	1	1	11	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	189	460	22	9	0	120	980	46	2	2	20	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	142	350	17	7	0	90	740	35	1	2	15	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	113	280	13	5	0	70	590	28	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1	283	690	31	13	0.5	180	1360	71	3	3	30	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	71	170	8	3.5	0	45	340	18	1	1	7	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	101	230	10	4	0	65	530	25	1	1	10	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/6	184	420	18	7	0	115	960	45	2	2	19	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/8	138	320	14	5	0	85	720	34	1	1	14	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/10	111	250	11	4.5	0	70	570	27	1	1	11	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1	283	690	32	14	0.5	185	1250	71	3	3	30	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	71	170	8	3.5	0	45	310	18	1	1	18	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	101	230	10	4	0	65	490	25	1	1	10	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	184	430	19	8	0	120	880	45	2	2	19	X	X	-	-	-	-	X	X	-	-	-	

EXPRESS BREAKFAST

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
BREAKFAST PIZZAS																										
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	138	320	14	6	0	90	660	34	1	2	15	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	111	260	11	4.5	0	70	530	27	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1	296	730	34	14	0.5	185	1550	73	3	3	32	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	74	180	8	3.5	0	45	390	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	109	260	12	4.5	0	65	650	26	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/6	198	470	22	9	0	120	1170	47	2	2	21	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/8	149	350	16	6	0	90	870	35	1	1	16	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Cheese Sauce Base	Golden	Large	1/10	119	280	13	5	0	75	700	28	1	1	13	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1	296	730	35	15	0.5	190	1430	72	3	3	32	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	74	180	9	3.5	0	45	360	18	1	1	8	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	109	260	12	4.5	0	70	600	26	1	1	12	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	198	470	22	9	0	125	1090	46	2	2	22	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	149	350	17	7	0	95	820	35	1	2	16	X	X	-	-	-	-	X	X	-	-	-	
Ham, Sausage, Egg & Cheese Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	119	280	13	5	0	75	650	28	1	1	13	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Mini	1	304	790	38	16	0.5	200	1740	73	3	3	36	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Mini	1/4	76	200	10	4	0	50	430	18	1	1	9	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Medium	1/8	109	270	13	5	0	70	690	26	1	1	13	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Large	1/6	199	500	24	10	0	130	1240	47	2	2	23	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Large	1/8	149	380	18	7	0	95	930	35	1	2	17	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Cheese Sauce Base	Golden	Large	1/10	119	300	15	6	0	75	740	28	1	1	14	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Mini	1	304	790	39	16	0.5	205	1620	72	3	4	37	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Mini	1/4	76	200	10	4	0	50	410	18	1	1	9	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Medium	1/8	109	280	14	5	0	70	640	26	1	1	13	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Large	1/6	213	560	29	12	0	145	1230	47	2	2	27	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Large	1/8	160	420	22	9	0	110	920	35	1	2	20	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, Cheese & Sausage Pizza w/ Biscuit Gravy Base	Golden	Large	1/10	128	340	18	7	0	85	740	28	1	1	16	X	X	-	-	-	-	X	X	-	-	-	
Egg & Cheese Quesadilla	Tortilla	Each	1	199	640	43	17	0	250	1500	39	3	3	23	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Quesadilla	Tortilla	Each	1	219	730	49	19	0.5	270	1870	40	3	3	30	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Quesadilla	Tortilla	Each	1	219	680	46	18	0	255	1770	41	3	3	26	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Quesadilla	Tortilla	Each	1	228	670	44	17	0	265	1750	40	3	3	29	X	X	-	-	-	-	X	X	-	-	-	
Egg & Cheese Burrito	Tortilla	Each	1	199	640	43	17	0	250	1500	39	3	3	23	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Burrito	Tortilla	Each	1	219	730	49	19	0	270	1870	40	3	3	30	X	X	-	-	-	-	X	X	-	-	-	
Denver Omelet Burrito	Tortilla	Each	1	285	690	44	17	0	265	1760	44	3	5	29	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Burrito	Tortilla	Each	1	219	680	46	18	0	255	1770	41	3	3	26	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Burrito	Tortilla	Each	1	228	670	44	17	0	265	1770	40	3	3	29	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Ciabatta Sandwich	-	Each	1	154	480	29	11	0	220	1100	27	1	3	25	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Ciabatta Sandwich	-	Each	1	169	350	18	7	0	205	1120	27	1	3	21	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Ciabatta Sandwich	-	Each	1	169	490	33	21	0	205	1030	28	1	3	21	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Sandwich - biscuit	-	Each	1	187	590	37	15	0	220	1830	33	1	4	25	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Sandwich - biscuit	-	Each	1	201	460	26	11	0	205	1840	33	1	4	22	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Sandwich - biscuit	-	Each	1	201	600	41	25	0	205	1760	34	1	5	22	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Sandwich - croissant	-	Each	1	177	650	45	21	0	220	1370	35	1	6	25	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Sandwich - croissant	-	Each	1	191	520	34	17	0	205	1380	35	1	6	21	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg & Cheese Sandwich - croissant	-	Each	1	191	650	49	31	0	205	1290	36	1	6	21	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg & Cheese Calzone	Golden	Each	1	259	730	37	14	0	205	1580	70	3	3	31	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg & Cheese Calzone	Golden	Each	1	252	680	32	13	0	190	1400	70	3	3	27	X	X	-	-	-	-	X	X	-	-	-	

EXPRESS BREAKFAST

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
BREAKFAST PIZZAS																										
Sausage, Egg & Cheese Calzone	Golden	Each	1	281	750	38	15	0	205	1800	73	3	3	32	X	X	-	-	-	-	X	X	-	-	-	
Bacon, Egg, & Cheese Roll	Golden	Each	1	209	620	28	10	0	85	1040	68	3	3	23	X	X	-	-	-	-	X	X	-	-	-	
Ham, Egg, & Cheese Roll	Golden	Each	1	215	570	24	8	0	80	1020	68	3	3	22	X	X	-	-	-	-	X	X	-	-	-	
Sausage, Egg, & Cheese Roll	Golden	Each	1	229	640	30	10	0	85	1250	70	3	3	24	X	X	-	-	-	-	X	X	-	-	-	

Toppings



EXPRESS TOPPINGS

ITEM	CALORIES PER SLICE				
	Mini	Small	Medium	Large	Jumbo
MEATS					
Anchovies	30	30	30	30	30
Bacon bits	35	35	35	40	45
Beef	40	40	40	50	50
Chicken Breast Strips	20	20	20	25	30
Chicken Sausage	25	25	25	30	35
Crab, imitation	5	5	5	5	5
Ham, sliced	5	10	10	10	10
Ham, diced	25	25	25	25	30
Italian Sausage	60	60	60	70	80
Pepperoni	10	30	35	40	45
Sausage	40	40	40	50	60
Shrimp, canned	10	10	10	10	15
Steak	25	25	25	35	35
CHEESE & DAIRY					
Sauce, Cheddar style	5	15	15	15	20
Cheese, Cheddar (extra)	15	20	30	35	40
Cheese, Cream	15	15	25	30	35
Cheese, Feta	5	10	15	20	20
Cheese, Mozzarella (extra)	10	15	20	25	30
Cheese, seasoned	5	5	5	5	5
Cheese, Vegan	30	35	35	45	50
Sour cream	15	15	15	15	20
VEGETABLES					
Artichokes	5	5	5	5	5
Garlic, minced	5	5	5	5	5
Lettuce	5	5	5	5	5
Mushroom, canned	5	5	5	5	5
Mushroom, fresh	5	5	5	5	5
Olives, Black	10	10	10	10	10
Olives, Green	10	10	10	10	15
Onions, caramelized	20	20	20	25	25
Onion, red or white	5	5	5	5	5
Peppers, Banana	5	5	5	5	5
Peppers, Green	5	5	5	5	5
Peppers, Jalapeno	5	5	5	5	5
Peppers, Red roasted	5	5	5	5	5
Pickles, sliced	5	5	5	5	5
Sauerkraut	5	5	5	5	5
Spinach, fresh	5	5	5	5	5
Spinach, frozen	10	10	10	10	10
Tomato, diced	5	5	5	5	5
Tomato, marinated	10	10	10	10	15

EXPRESS TOPPINGS CONT.

ITEM	CALORIES PER SLICE				
	Mini	Small	Medium	Large	Jumbo
SAUCES					
Alfredo	15	20	15	15	25
BBQ	10	20	15	15	20
Buffalo	5	5	5	5	5
Garlic Parmesan	40	60	45	45	60
Marinara	5	10	5	10	10
Olive Oil & Garlic	5	5	15	20	5
Pesto	15	20	15	20	25
Pizza	5	5	5	5	5
Ranch	30	45	35	35	45
Sweet Chili	15	25	20	20	25
Taco	5	10	5	5	10
MISCELLANEOUS					
Black beans	20	20	20	25	30
Corn	5	5	5	10	10
Pineapple	10	10	10	10	10

Bread Sides



EXPRESS BREAD (SAVORY)

PRODUCT	NUTRITION													ALLERGENS										
	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
Breadsticks from Golden	7" foil	1/8	20	60	2	0.5	0	0	95	8	0	0	2	X	-	-	-	-	-	X	X	-	X	-
Breadsticks from Golden	9" foil	1/8	32	80	2.5	0.5	0	0	140	13	1	1	3	X	-	-	-	-	-	X	X	-	X	-
Breadsticks from Golden	Small	1/12	27	70	2	0.5	0	0	125	11	0	0	2	X	-	-	-	-	-	X	X	-	X	-
Breadsticks from Golden	Medium	1/16	28	80	2	0.5	0	0	125	12	1	0	2	X	-	-	-	-	-	X	X	-	X	-
Breadsticks from Golden	Large	1/24	26	70	2.5	0.5	0	0	130	11	0	0	2	X	-	-	-	-	-	X	X	-	X	-
Premade Breadsticks - Rotella	1 Breadstick	1	57	190	8	1.5	0	0	380	24	1	2	5	X	-	-	-	-	-	X	X	-	X	-
Premade Garlic Breadsticks - Marzetti	1 Breadstick	1	45	140	5	1	0	0	240	20	1	1	3	X	-	-	-	-	-		X	-	X	-
Cheesesticks	7" foil	1/8	26	70	3	1.5	0	5	110	9	0	0	3	X	-	-	-	-	-	X	X	-	X	-
Cheesesticks	9" foil	1/8	38	100	4	1.5	0	5	150	14	1	1	4	X	-	-	-	-	-	X	X	-	X	-
Cheesesticks	Small	1/12	34	90	3.5	1.5	0	5	140	11	0	0	4	X	-	-	-	-	-	X	X	-	X	-
Cheesesticks	Medium	1/16	37	110	5	2	0	10	170	12	1	0	4	X	-	-	-	-	-	X	X	-	X	-
Cheesesticks	Large	1/24	33	90	4	1.5	0	5	140	11	0	0	3	X	-	-	-	-	-	X	X	-	X	-
Firecracker Cheesesticks	7" foil	1/8	33	90	4.5	2	0	10	180	9	0	0	4	X	-	-	-	-	-	X	X	-	X	-
Firecracker Cheesesticks	9" foil	1/8	45	120	5	2.5	0	15	250	14	1	1	5	X	-	-	-	-	-	X	X	-	X	-
Firecracker Cheesesticks	Small	1/12	45	120	6	3	0	15	250	12	0	1	5	X	-	-	-	-	-	X	X	-	X	-
Firecracker Cheesesticks	Medium	1/16	46	120	6	3	0	15	240	12	0	1	5	X	-	-	-	-	-	X	X	-	X	-
Firecracker Cheesesticks	Large	1/24	44	120	6	3	0	15	250	11	0	1	5	X	-	-	-	-	-	X	X	-	X	-
Garlic Bread - Pepperidge Farms	1 order	1 piece	40	150	8	3	0	0	210	15	0	1	3	X	-	-	-	-	-	X	X	-	X	-
Garlic Bread w/cheese - Pepperidge Farms	1 order	1 piece	54	190	11	5	0	10	250	15	0	1	6	X	-	-	-	-	-	X	X	-	X	-
Garlic Bread - Marzetti (New York)	1 order	1 piece	40	160	9	2.5	0	0	270	17	1	1	3	X	-	-	-	-	-	X	X	-	X	-
Garlic Bread w/cheese - Marzetti (New York)	1 order	1 piece	54	200	12	4.5	0	10	310	17	1	1	6	X	-	-	-	-	-	X	X	-	X	-
Monkey Bread - Italian	7" foil	1 pan	251	600	15	3.5	0	0	1230	99	3	10	16	X	-	-	-	-	-	X	X	-	X	-
Monkey Bread - Italian	7" foil	1/4	49	130	4	1	0	0	220	21	1	1	4	X	-	-	-	-	-	X	X	-	X	-
Monkey Bread - Italian	9" foil	1/6	52	140	4	1	0	0	210	22	1	1	4	X	-	-	-	-	-	X	X	-	X	-
Pepperoni Sticks	Small	1/12	43	140	9	3.5	0	15	250	12	1	0	5	X	-	-	-	-	-	X	X	-	X	-
Supersticks (Bacon Cheesesticks)	7" foil	1/8	30	90	5	2	0	10	170	9	0	0	4	X	-	-	-	-	-	X	X	-	X	-
Supersticks (Bacon Cheesesticks)	9" foil	1/8	42	120	5	2	0	10	230	14	1	1	5	X	-	-	-	-	-	X	X	-	X	-
Supersticks (Bacon Cheesesticks)	Small	1/12	38	120	6	2.5	0	10	230	12	0	1	5	X	-	-	-	-	-	X	X	-	X	-
Supersticks (Bacon Cheesesticks)	Medium	1/16	39	120	6	2.5	0	10	230	12	1	1	5	X	-	-	-	-	-	X	X	-	X	-
Supersticks (Bacon Cheesesticks)	Large	1/24	35	110	5	2	0	10	200	11	0	0	4	X	-	-	-	-	-	X	X	-	X	-

Dipper Cups



EXPRESS DIPPER CUPS

PRODUCT	NUTRITION													ALLERGENS											
	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
DIPPER CUPS																									
BBQ	2 oz	2 oz	57	90	0	0	0	0	360	24	0	16	0	-	-	-	-	-	-	-	-	-	-	X	-
Blue Cheese	2 oz	2 oz	57	270	29	5	0	40	590	4	0	4	2	X	X	-	-	-	-	-	-	-	-	-	-
Buffalo	2 oz	2 oz	57	20	1	0	0	0	1520	3	0	1	0	-	-	-	-	-	-	-	-	-	X	-	-
Cheddar Style Cheese	2 oz	2 oz	57	50	3.5	0	0	0	480	4	0	1	1	X	-	-	-	-	-	X	-	-	-	-	-
Garlic Parmesan	2 oz	2 oz	57	300	30	6	0	0	770	8	0	2	2	X	-	-	-	-	-	-	-	-	X	X	-
Honey Mustard	2 oz	2 oz	57	240	22	3.5	0	20	330	13	0	11	2	-	X	-	-	-	-	-	-	-	-	-	-
Marinara	2 oz	2 oz	56	40	0	0	0	0	250	8	0	5	1	-	-	-	-	-	-	-	-	-	-	X	-
Marinara PC	2.3 oz	2.3 oz	64	80	0	0	0	0	420	18	0	8	1	-	-	-	-	-	-	-	-	-	-	X	-
Ranch Dressing	2 oz	2 oz	57	230	25	4	0	20	490	4	0	2	0	X	X	-	-	-	-	X	-	X	X	X	-
Sweet Chili	2 oz	2 oz	57	130	0	0	0	0	870	32	0	26	0	-	-	-	-	-	-	-	-	-	-	X	-
Taco	2 oz	2 oz.	57	30	0	0	0	0	420	6	0	3	1	X	-	-	-	-	-	X	X	X	X	X	-
Teriyaki	2 oz	2 oz	57	80	0	0	0	0	1010	17	0	12	2	-	-	-	-	-	-	X	X	-	X	X	X

Pre-packaged Dipper Cups: See manufacturer specifications for nutritional information. PC: is portion controlled cup.



Calzones

EXPRESS CALZONES

PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
All-Meat Combo	Golden	Mini	1	257	680	31	12	0.5	60	1540	72	3	5	28	X	-	-	-	-	-	X	X	-	X	-
Bacon Cheeseburger	Golden	Mini	1	267	680	30	11	0.5	60	1460	74	3	6	28	X	-	-	-	-	-	X	X	-	X	-
Classic Combo	Golden	Mini	1	297	640	28	10	0.5	40	1360	76	4	6	23	X	-	-	-	-	-	X	X	-	X	-
Lottsza Mozza	Golden	Mini	1	220	640	29	13	0.5	50	930	69	3	3	24	X	-	-	-	-	-	X	X	-	X	-
Pepperoni	Golden	Mini	1	224	590	25	10	0.5	35	1050	71	3	4	20	X	-	-	-	-	-	X	X	-	X	-



Pizza Rolls

EXPRESS PIZZA ROLLS

PRODUCT	NUTRITION													ALLERGENS											
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
Pepperoni	Golden	-	1	193	570	24	10	0.5	40	970	68	3	3	19	X	-	-	-	-	-	X	X	-	X	-
Ham	Golden	-	1	197	520	19	7	0	35	1010	68	3	3	21	X	-	-	-	-	-	X	X	-	X	-
Sausage & Pepperjack	Golden	-	1	246	670	30	11	0	55	1730	72	3	3	29	X	-	-	-	-	-	X	X	-	X	-
Bacon, Egg, & Cheese	Golden	-	1	209	620	28	10	0	85	1040	68	3	3	23	X	X	-	-	-	-	X	X	-	-	-
Ham, Egg, & Cheese	Golden	-	1	215	570	24	8	0	80	1020	68	3	3	22	X	X	-	-	-	-	X	X	-	-	-
Sausage, Egg, & Cheese	Golden	-	1	229	640	30	10	0	85	1250	70	3	3	24	X	X	-	-	-	-	X	X	-	-	-



Desserts

EXPRESS DESSERTS

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
STREUSEL																										
Apple	Golden	7" foil	1/4	79	190	4	1.5	0	0	190	35	1	10	4	-	-	-	-	-	-	X	X	-	-	-	
Apple	Golden	7" foil	1 pan	318	760	16	6	0	0	760	141	3	41	15	-	-	-	-	-	-	X	X	-	-	-	
Apple	Golden	Medium	1/8	100	230	5	1.5	0	0	220	43	1	15	4	-	-	-	-	-	-	X	X	-	-	-	
Apple	Golden	Medium	1/10	80	190	4	1.5	0	0	180	35	1	12	3	-	-	-	-	-	-	X	X	-	-	-	
Apple	Golden	Large	1/10	109	260	6	2	0	0	240	48	1	17	5	-	-	-	-	-	-	X	X	-	-	-	
Apple	Golden	Large	1/12	91	220	4.5	1.5	0	0	200	40	1	14	4	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	7" foil	1/4	79	190	4	1.5	0	0	190	35	1	10	4	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	7" foil	1 pan	318	760	17	6	0	0	770	141	3	41	15	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	Medium	1/8	100	230	5	1.5	0	0	220	43	1	15	4	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	Medium	1/10	80	190	4	1.5	0	0	180	35	1	12	3	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	Large	1/10	109	260	6	2	0	0	250	48	1	17	5	-	-	-	-	-	-	X	X	-	-	-	
Caramel Apple	Golden	Large	1/12	91	220	5	1.5	0	0	200	40	1	14	4	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	7" foil	1/4	79	190	4	1.5	0	0	180	36	1	7	4	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	7" foil	1 pan	318	770	16	6	0	0	740	143	3	29	16	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	Medium	1/8	100	240	5	1.5	0	0	210	44	1	10	4	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	Medium	1/10	80	190	4	1.5	0	0	170	35	1	8	4	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	Large	1/10	109	260	6	2	0	0	230	49	1	12	5	-	-	-	-	-	-	X	X	-	-	-	
Cherry	Golden	Large	1/12	91	220	4.5	1.5	0	0	190	41	1	10	4	-	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	7" foil	1/4	83	210	5	2	0	5	200	36	1	7	4	X	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	7" foil	1 pan	332	820	21	9	0	15	780	143	3	30	17	X	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	Medium	1/8	107	260	7	3	0	5	230	44	1	10	5	X	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	Medium	1/10	86	210	6	2.5	0	5	190	35	1	8	4	X	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	Large	1/10	118	290	9	3.5	0	10	260	49	1	12	5	X	-	-	-	-	-	X	X	-	-	-	
Cherry Cheesecake	Golden	Large	1/12	98	240	7	3	0	5	220	41	1	10	4	X	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	7" foil	1/4	72	240	8	2.5	0	0	210	39	1	14	4	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	7" foil	1 pan	288	950	30	10	0	0	850	157	4	57	16	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	Medium	1/8	82	270	9	3	0	0	240	45	1	17	5	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	Medium	1/10	65	220	7	2	0	0	190	36	1	14	4	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	Large	1/10	92	310	10	3.5	0	0	260	51	1	20	5	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	Large	1/12	77	260	8	2.5	0	0	220	42	1	17	4	-	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	7" foil	1/4	79	270	9	3.5	0	0	220	44	1	19	4	X	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	7" foil	1 pan	316	1090	37	14	0	5	870	177	4	75	18	X	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	Medium	1/8	87	300	10	3.5	0	0	240	48	1	20	5	X	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	Medium	1/10	70	240	8	3	0	0	190	39	1	16	4	X	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	Large	1/10	98	340	11	4	0	0	270	55	1	24	5	X	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	Large	1/12	81	280	9	3.5	0	0	220	45	1	19	4	X	-	-	-	-	-	X	X	-	-	-	

EXPRESS DESSERTS CONT.

PRODUCT	NUTRITION													ALLERGENS												
	Crust	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
MONKEY BREAD																										
Caramel	Golden	7" foil	1/4	55	160	4	1	0	0	180	27	1	7	4	-	-	-	-	-	-	X	X	-	-	-	
Caramel	Golden	7" foil	1 pan	220	630	16	3.5	0	0	710	108	4	27	14	-	-	-	-	-	-	X	X	-	-	-	
Caramel	Golden	9" foil	1/6	57	160	4	1	0	0	190	27	1	6	4	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	7" foil	1/4	55	160	4	1	0	0	180	27	1	7	4	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	7" foil	1 pan	220	630	16	3.5	0	0	710	108	4	27	14	-	-	-	-	-	-	X	X	-	-	-	
Cinnamon	Golden	9" foil	1/6	57	160	4	1	0	0	190	27	1	6	4	-	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	7" foil	1/4	62	190	6	2	0	0	180	32	1	11	4	-	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	7" foil	1 pan	248	770	23	8	0	5	730	127	4	44	16	-	-	-	-	-	-	X	X	-	-	-	
M&M	Golden	9" foil	1/6	51	150	4	1.5	0	0	150	26	1	8	3	-	-	-	-	-	-	X	X	-	-	-	
Streusel	Golden	7" foil	1/4	64	200	6	1.5	0	0	200	33	1	11	4	-	-	-	-	-	-	X	X	-	-	-	
Streusel	Golden	7" foil	1 pan	254	790	23	7	0	0	780	133	4	42	15	-	-	-	-	-	-	X	X	-	-	-	
Streusel	Golden	9" foil	1/6	57	180	5	2	0	0	170	31	1	11	3	-	-	-	-	-	-	X	X	-	-	-	
OTHER ITEMS																										
Big Cookie	-	7" foil	1/4	37	160	7	3.5	0	15	190	23	1	14	2	X	X	-	-	-	-	X	X	-	-	-	
Big Cookie	-	9" foil	1/6	50	210	9	4.5	0	20	250	31	1	19	2	X	X	-	-	-	-	X	X	-	-	-	
Churro Bites w/2 oz. icing dipper	-	8 pieces	1	158	530	20	3	0	0	10	86	0	46	4	X	-	-	-	-	-	-	X	-	-	-	
Churro Bites w/3-2 oz. icing dippers	-	24 pieces	1	473	1600	60	9	0	0	35	258	1	137	12	X	-	-	-	-	-	-	X	-	-	-	



Wings

EXPRESS CHICKEN WINGS & TENDERS

PRODUCT	NUTRITION												ALLERGENS											
	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
BONELESS WINGS																								
Naked	1 serving	3 oz	85	170	7	1.5	0	45	570	11	0	0	18	-	-	-	-	-	-	X	X	-	X	-
BBQ	1 serving	3 oz	99	200	7	1.5	0	45	660	17	0	4	18	-	-	-	-	-	-	X	X	-	X	-
Buffalo	1 serving	3 oz	99	180	7	1.5	0	45	950	12	0	0	18	-	-	-	-	-	-	X	X	-	X	-
Garlic Parmesan	1 serving	3 oz	99	250	15	3	0	45	760	13	0	0	19	X	-	-	-	-	-	X	X	-	X	X
Honey Mustard	1 serving	3 oz	99	230	13	2.5	0	50	650	14	0	3	19	-	X	-	-	-	-	X	X	-	X	-
Sweet Chili	1 serving	3 oz	99	210	7	1.5	0	45	780	19	0	7	18	-	-	-	-	-	-	X	X	-	X	-
Teriyaki	1 serving	3 oz	99	190	7	1.5	0	45	820	15	0	3	19	-	-	-	-	-	-	X	X	-	X	X
BONELESS WINGS																								
Naked	Full order	16 oz	454	920	38	8	0	245	3020	59	0	0	97	-	-	-	-	-	-	X	X	-	X	-
BBQ	Full order	16 oz	539	1060	38	8	0	245	3570	95	0	24	97	-	-	-	-	-	-	X	X	-	X	-
Buffalo	Full order	16 oz	539	950	39	8	0	245	5300	64	0	1	98	-	-	-	-	-	-	X	X	-	X	-
Garlic Parmesan	Full order	16 oz	539	1370	83	17	0	245	4190	71	0	3	100	X	-	-	-	-	-	X	X	-	X	X
Honey Mustard	Full order	16 oz	539	1270	71	14	0	270	3520	79	0	16	100	-	X	-	-	-	-	X	X	-	X	-
Sweet Chili	Full order	16 oz	539	1120	38	8	0	245	4330	108	0	40	97	-	-	-	-	-	-	X	X	-	X	-
Teriyaki	Full order	16 oz	539	1030	38	8	0	245	4540	85	0	18	100	-	-	-	-	-	-	X	X	-	X	X
BONELESS WINGS																								
Naked	1/2 order	8 oz	227	460	19	4	0	120	1510	30	0	0	49	-	-	-	-	-	-	X	X	-	X	-
BBQ	1/2 order	8 oz	269	530	19	4	0	120	1780	47	0	12	49	-	-	-	-	-	-	X	X	-	X	-
Buffalo	1/2 order	8 oz	269	470	20	4	0	120	2650	32	0	0	49	-	-	-	-	-	-	X	X	-	X	-
Garlic Parmesan	1/2 order	8 oz	269	690	42	8	0	120	2090	35	0	1	50	X	-	-	-	-	-	X	X	-	X	X
Honey Mustard	1/2 order	8 oz	269	640	35	7	0	135	1760	39	0	8	50	-	X	-	-	-	-	X	X	-	X	-
Sweet Chili	1/2 order	8 oz	269	560	19	4	0	120	2160	54	0	20	49	-	-	-	-	-	-	X	X	-	X	-
Teriyaki	1/2 order	8 oz	269	520	19	4	0	120	2270	43	0	9	50	-	-	-	-	-	-	X	X	-	X	X
BONELESS WINGS																								
Naked	Double Order	32 oz	907	1840	76	16	0	485	6050	119	0	0	194	-	-	-	-	-	-	X	X	-	X	-
BBQ	Double Order	32 oz	1077	2120	76	16	0	485	7130	190	0	47	194	-	-	-	-	-	-	X	X	-	X	-
Buffalo	Double Order	32 oz	1077	1900	78	17	0	490	10610	128	0	2	195	-	-	-	-	-	-	X	X	-	X	-
Garlic Parmesan	Double Order	32 oz	1077	2740	166	33	0	485	8370	141	0	6	200	X	-	-	-	-	-	X	X	-	X	X
Honey Mustard	Double Order	32 oz	1077	2550	141	27	0	540	7040	157	0	33	200	-	X	-	-	-	-	X	X	-	X	-
Sweet Chili	Double Order	32 oz	1077	2230	76	16	0	485	8660	215	0	79	194	-	-	-	-	-	-	X	X	-	X	-
Teriyaki	Double Order	32 oz	1077	2070	76	16	0	485	9080	171	0	36	199	-	-	-	-	-	-	X	X	-	X	X
BONE-IN WINGS																								
Naked	1 serving	3 oz	85	220	16	4.5	0	55	360	2	0	0	17	-	-	-	-	-	-	-	-	-	-	-
BBQ	1 serving	3 oz	99	240	16	4.5	0	55	450	8	0	4	17	-	-	-	-	-	-	-	-	-	X	-
Buffalo	1 serving	3 oz	99	220	16	4.5	0	55	740	3	0	0	17	-	-	-	-	-	-	-	-	-	X	-
Garlic Parmesan	1 serving	3 oz	99	300	24	6	0	55	560	4	0	0	18	X	-	-	-	-	-	-	-	-	X	X
Honey Mustard	1 serving	3 oz	99	280	22	5	0	60	450	5	0	3	18	-	X	-	-	-	-	-	-	-	X	-
Sweet Chili	1 serving	3 oz	99	250	16	4.5	0	55	580	10	0	7	17	-	-	-	-	-	-	-	-	-	X	-
Teriyaki	1 serving	3 oz	99	240	16	4.5	0	55	620	6	0	3	18	-	-	-	-	-	-	X	X	-	X	X
BONE-IN WINGS																								
Naked	Full order	16 oz	454	1170	87	23	0	305	1940	10	0	0	92	-	-	-	-	-	-	-	-	-	-	-
BBQ	Full order	16 oz	539	1310	87	23	0	305	2480	46	0	24	92	-	-	-	-	-	-	-	-	-	-	X
Buffalo	Full order	16 oz	539	1200	88	23	0	305	4220	15	0	1	92	-	-	-	-	-	-	-	-	-	-	X
Garlic Parmesan	Full order	16 oz	539	1630	132	31	0	305	3100	22	0	3	95	X	-	-	-	-	-	-	-	-	-	X
Honey Mustard	Full order	16 oz	539	1530	120	28	0	335	2430	29	0	16	94	-	X	-	-	-	-	-	-	-	-	X
Sweet Chili	Full order	16 oz	539	1370	87	23	0	305	3240	58	0	40	92	-	-	-	-	-	-	-	-	-	-	X
Teriyaki	Full order	16 oz	539	1290	87	23	0	305	3450	36	0	18	94	-	-	-	-	-	-	X	X	-	X	X

EXPRESS CHICKEN WINGS & TENDERS CONT.

PRODUCT	NUTRITION												ALLERGENS												
	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame	
BONE-IN WINGS																									
Naked	1/2 order	8 oz	227	590	43	11	0	155	970	5	0	0	46	-	-	-	-	-	-	-	-	-	-	-	-
BBQ	1/2 order	8 oz	269	660	43	11	0	155	1240	23	0	12	46	-	-	-	-	-	-	-	-	-	-	X	-
Buffalo	1/2 order	8 oz	269	600	44	12	0	155	2110	7	0	0	46	-	-	-	-	-	-	-	-	-	-	X	-
Garlic Parmesan	1/2 order	8 oz	269	810	66	16	0	155	1550	11	0	1	47	X	-	-	-	-	-	-	-	-	-	X	X
Honey Mustard	1/2 order	8 oz	269	760	60	14	0	165	1220	15	0	8	47	-	X	-	-	-	-	-	-	-	-	X	-
Sweet Chili	1/2 order	8 oz	269	690	43	11	0	155	1620	29	0	20	46	-	-	-	-	-	-	-	-	-	-	X	-
Teriyaki	1/2 order	8 oz	269	640	43	11	0	155	1730	18	0	9	47	-	-	-	-	-	-	X	X	-	X	X	
BONE-IN WINGS																									
Naked	Double Order	32 oz	907	2340	173	46	0	610	3870	20	0	0	183	-	-	-	-	-	-	-	-	-	-	-	-
BBQ	Double Order	32 oz	1077	2630	173	46	0	610	4960	91	0	47	183	-	-	-	-	-	-	-	-	-	-	X	-
Buffalo	Double Order	32 oz	1077	2410	176	46	0	615	8430	29	0	2	184	-	-	-	-	-	-	-	-	-	-	X	-
Garlic Parmesan	Double Order	32 oz	1077	3250	264	63	0	610	6200	43	0	6	189	X	-	-	-	-	-	-	-	-	-	X	X
Honey Mustard	Double Order	32 oz	1077	3060	239	57	0	665	4860	59	0	33	189	-	X	-	-	-	-	-	-	-	-	X	-
Sweet Chili	Double Order	32 oz	1077	2740	173	46	0	610	6480	117	0	79	183	-	-	-	-	-	-	-	-	-	-	X	-
Teriyaki	Double Order	32 oz	1077	2580	173	46	0	610	6900	72	0	36	188	-	-	-	-	-	-	X	X	-	X	X	
OTHER ITEMS																									
Chicken Tenderloin - Tyson Homestyle	1 Tender	2 oz	56	140	7	1.5	0	25	340	9	1	0	11	-	-	-	-	-	-	X	X	-	-	-	-
Breaded Hot Wing	Double order	32 oz	907	2160	140	38	0	700	8320	54	0	0	173	-	-	-	-	-	-	X	X	-	-	-	-
Breaded Hot Wing	Full order	16 oz	454	1080	70	19	0	350	4160	27	0	0	86	-	-	-	-	-	-	X	X	-	-	-	-
Breaded Hot Wing	Half order	8 oz	227	540	35	9	0	175	2080	13	0	0	43	-	-	-	-	-	-	X	X	-	-	-	-
Breaded Hot Wing	1 serving	3 oz	85	200	13	3.5	0	65	780	5	0	0	16	-	-	-	-	-	-	X	X	-	-	-	-
Tyson Presauced BBQ	Double order	32 oz	907	1930	125	34	0	1015	3670	39	0	10	174	-	-	-	-	-	-	-	-	-	-	X	-
Tyson Presauced BBQ	Full order	16 oz	454	970	63	17	0	505	1840	19	0	5	87	-	-	-	-	-	-	-	-	-	-	X	-
Tyson Presauced BBQ	Half order	8 oz	227	480	31	8	0	255	920	10	0	2	43	-	-	-	-	-	-	-	-	-	-	X	-
Tyson Presauced BBQ	1 serving	3 oz	85	180	12	3	0	95	340	4	0	1	16	-	-	-	-	-	-	-	-	-	-	X	-
Tyson Presauced Buffalo	Double order	32 oz	907	1860	131	33	0	930	5460	22	0	22	164	-	-	-	-	-	-	-	-	X	-	X	-
Tyson Presauced Buffalo	Full order	16 oz	454	930	66	16	0	465	2730	11	0	11	82	-	-	-	-	-	-	-	-	X	-	X	-
Tyson Presauced Buffalo	Half order	8 oz	227	460	33	8	0	230	1370	5	0	5	41	-	-	-	-	-	-	-	-	X	-	X	-
Tyson Presauced Buffalo	1 serving	3 oz	85	170	12	3	0	85	510	2	0	2	15	-	-	-	-	-	-	-	-	X	-	X	-



Chicken & Sides

EXPRESS BROASTER CHICKEN & SIDES

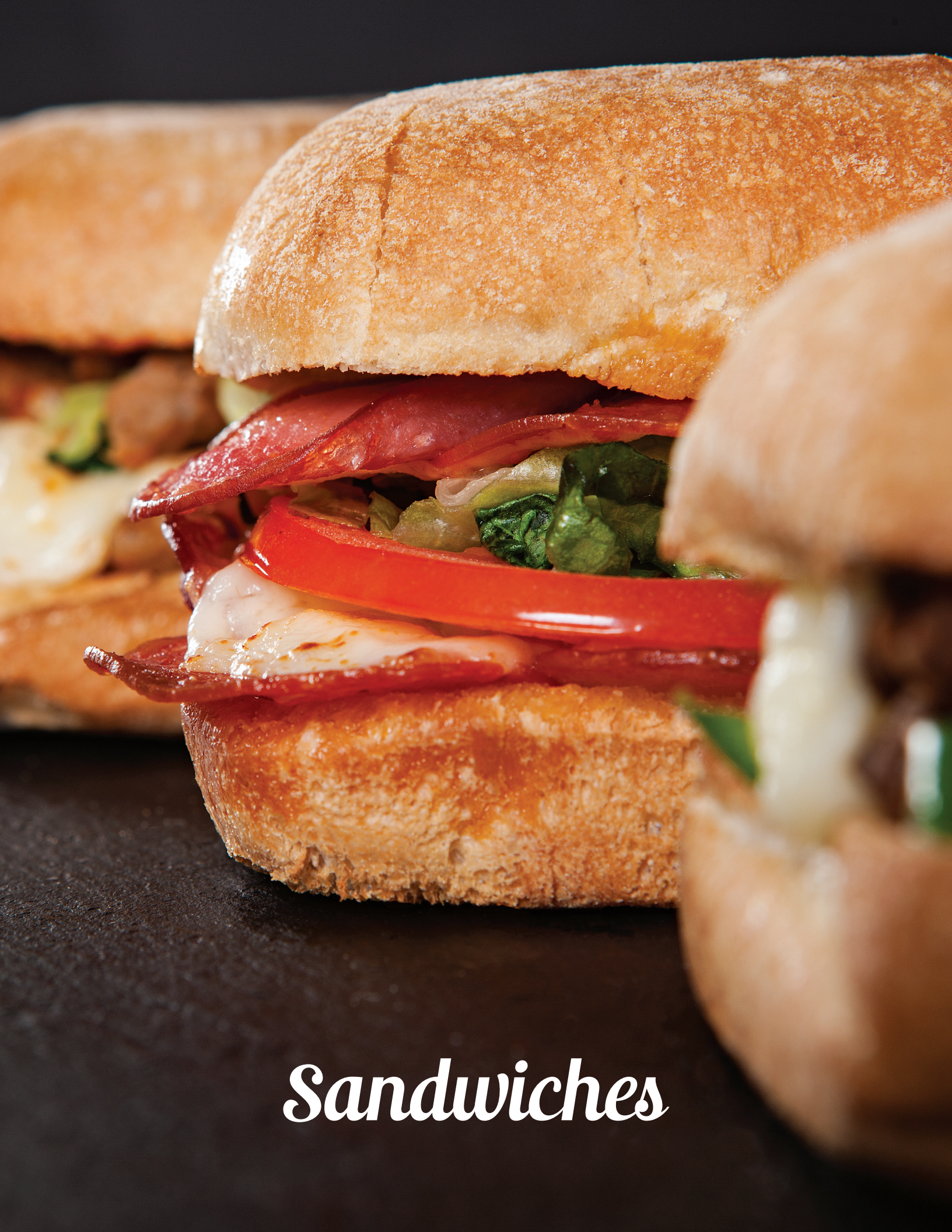
PRODUCT	NUTRITION												ALLERGENS												
	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame		
Biscuits	1 piece	28	100	5	3	0	0	250	11	0	1	2	X	-	-	-	-	-	-	X	-	-	-	-	
Baked Beans	4 oz	113	120	1	0	0	0	480	25	4	10	5	-	-	-	-	-	-	-	-	-	-	-	-	
Broaster Chicken Breast	1 piece	242	460	16	4	0	180	1670	19	1	0	58	-	-	-	-	-	-	X	X	-	-	-	-	
Broaster Chicken Leg	1 piece	103	220	10	2	0	105	760	10	0	0	23	-	-	-	-	-	-	X	X	-	-	-	-	
Broaster Chicken Tender (Fresh)	1 piece	57	60	0.5	0	0	30	35	0	0	0	13	-	-	-	-	-	-	-	-	-	-	-	-	
Broaster Chicken Tender (Pre-breaded)	1 piece	71	110	1	0	0	30	50	10	0	0	15	-	-	-	-	-	-	X	X	-	-	-	-	
Broaster Chicken Thigh	1 piece	159	380	15	4	0	155	1040	16	1	0	32	-	-	-	-	-	-	X	X	-	-	-	-	
Broaster Chicken Wing	1 piece	84	220	12	1.5	0	90	780	8	0	0	20	-	-	-	-	-	-	X	X	-	-	-	-	
Cheesy Potatoes	4 oz	113	310	19	5	0	15	570	30	0	1	6	X	X	-	-	-	-	X	-	-	-	-	-	
Coleslaw	4 oz	113	200	17	2.5	0	10	520	12	2	10	1	-	X	-	-	-	-	X	-	-	-	-	-	
Corn	4 oz	117	170	11	2	0	0	610	20	3	3	3	-	-	-	-	-	-	X	-	-	-	-	-	
Gravy	2 oz	57	30	1	0	0	5	280	4	0	2	0	X	X	-	-	-	-	X	X	-	-	-	-	
Green Beans	4 oz	117	140	10	2	0	0	360	8	3	3	2	-	-	-	-	-	-	X	-	-	-	-	-	
Mashed Potatoes	4 oz	113	100	3	0.5	0	0	350	17	1	1	2	X	-	-	-	-	-	-	-	-	-	-	-	
Potato Wedges	4 oz	113	180	7	0.5	0	0	530	27	3	0	3	-	-	-	-	-	-	-	X	-	-	-	-	
PINT																									
Baked Beans	1 Pint	454	490	3.5	0	0	0	1920	101	17	42	21	-	-	-	-	-	-	-	-	-	-	-	-	-
Cheesy Potatoes	1 Pint	454	1220	75	20	1	65	2290	118	0	5	22	X	X	-	-	-	-	X	-	-	-	-	-	-
Coleslaw	1 Pint	454	800	67	10	0	35	2090	46	7	39	4	-	X	-	-	-	-	X	-	-	-	-	-	-
Corn	1 Pint	468	690	43	8	0.5	0	2450	80	10	13	11	-	-	-	-	-	-	X	-	-	-	-	-	-
Gravy	1/2 Pint	227	110	4	0	0	15	1110	16	0	8	0	X	X	-	-	-	-	X	X	-	-	-	-	-
Green Beans	1 Pint	468	560	41	8	0.5	0	1440	32	11	13	7	-	-	-	-	-	-	X	-	-	-	-	-	-
Mashed Potatoes	1 Pint	454	400	13	2.5	0	0	1390	66	6	2	7	X	-	-	-	-	-	-	-	-	-	-	-	-
Potato Wedges*	1 Pt/.5 Lb	227	350	13	1.5	0	0	1050	54	5	0	5	-	-	-	-	-	-	-	X	-	-	-	-	-
QUART																									
Baked Beans	1 Quart	907	980	7	0	0	0	3840	202	35	84	42	-	-	-	-	-	-	-	-	-	-	-	-	-
Cheesy Potatoes	1 Quart	907	2440	151	40	2	130	4580	236	0	10	44	X	X	-	-	-	-	X	-	-	-	-	-	-
Coleslaw	1 Quart	907	1590	134	20	0	65	4170	93	14	78	7	-	X	-	-	-	-	X	-	-	-	-	-	-
Corn	1 Quart	936	1380	85	16	1	0	4910	160	21	26	22	-	-	-	-	-	-	X	-	-	-	-	-	-
Gravy	1 Pint	454	220	8	0	0	30	2220	32	0	16	0	X	X	-	-	-	-	X	X	-	-	-	-	-
Green Beans	1 Quart	936	1120	81	15	1	0	2880	63	22	26	14	-	-	-	-	-	-	X	-	-	-	-	-	-
Mashed Potatoes	1 Quart	907	810	26	5	1	0	2780	133	13	5	15	X	-	-	-	-	-	-	-	-	-	-	-	-
Potato Wedges**	1 Qt/1 Lb	454	700	27	2.5	0	0	2110	108	11	0	11	-	-	-	-	-	-	-	X	-	-	-	-	-
*1/2 pound																									
**1 pound																									
Gravy	4 ounces	113	60	2	0	0	10	560	8	0	4	0	X	X	-	-	-	-	X	X	-	-	-	-	-
Gravy	8 ounces	227	110	4	0	0	15	1110	16	0	8	0	X	X	-	-	-	-	X	X	-	-	-	-	-

Salads



EXPRESS SALADS

PRODUCT	NUTRITION												ALLERGENS											
	Size	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
Grab'n Go Chicken BLT Salad	Individual	1	291	250	12	4	0	80	790	8	4	4	28	-	-	-	-	-	-	X	-	-	-	-
Grab'n Go Italian Chef Salad	Individual	1	326	140	7	2	0	15	1110	13	6	6	6	-	-	-	-	-	-	-	-	-	-	-
Grab'n Go Garden Salad	Side	1	161	25	0	0	0	0	10	6	3	3	2	-	-	-	-	-	-	-	-	-	-	-
Grab'n Go Garden Salad	Individual	1	294	50	0.5	0	0	0	20	10	5	5	3	-	-	-	-	-	-	-	-	-	-	-



Sandwiches

EXPRESS SANDWICHES

PRODUCT	NUTRITION											ALLERGENS											
	Serving Size	Weight (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
HOT & COLD SUBS																							
BLT White	1	217	470	20	4	0	30	1030	50	1	2	19	-	-	-	-	-	-	-	X	-	-	-
BLT Wheat	1	227	510	22	4	0	30	1050	56	1	8	19	-	-	-	-	-	-	-	X	-	-	-
Chicken Club White	1	401	930	40	11	0	75	1930	88	1	2	41	X	-	-	-	-	-	-	X	-	-	-
Chicken Club Wheat	1	411	970	42	11	0	75	1950	94	1	8	41	X	-	-	-	-	-	-	X	-	-	-
Club Combo White	1	321	620	30	10	0	90	2360	53	1	3	34	X	-	-	-	-	-	-	X	-	-	-
Club Combo Wheat	1	331	660	32	10	0	90	2380	59	1	9	34	X	-	-	-	-	-	-	X	-	-	-
Combo White	1	357	630	29	10	0	100	2520	57	4	4	39	X	-	-	-	-	-	-	X	-	-	-
Combo Wheat	1	367	670	31	10	0	100	2540	63	4	10	39	X	-	-	-	-	-	-	X	-	-	-
Ham White	1	351	610	29	10	0	95	2870	53	1	3	37	X	-	-	-	-	-	-	X	-	-	-
Ham Wheat	1	361	650	31	10	0	95	2890	59	1	9	37	X	-	-	-	-	-	-	X	-	-	-
Ham and Salami White	1	296	620	33	12	0	90	2140	52	1	3	28	X	-	-	-	-	-	-	X	-	X	-
Ham and Salami Wheat	1	306	660	35	12	0	90	2160	58	1	9	28	X	-	-	-	-	-	-	X	-	X	-
Italian White	1	322	680	38	15	0	105	2450	53	2	3	33	X	-	-	-	-	-	-	X	-	X	-
Italian Wheat	1	332	720	40	15	0	105	2470	59	2	9	33	X	-	-	-	-	-	-	X	-	X	-
Roast Beef White	1	351	630	30	10	0	105	2240	52	1	3	39	X	-	-	-	-	-	-	X	-	X	-
Roast Beef Wheat	1	361	670	32	10	0	105	2260	58	1	9	39	X	-	-	-	-	-	-	X	-	X	-
Turkey White	1	351	590	26	9	0	95	2660	54	1	4	39	X	-	-	-	-	-	-	X	-	-	-
Turkey Wheat	1	361	630	28	9	0	95	2680	60	1	10	39	X	-	-	-	-	-	-	X	-	-	-
Turkey Club White	1	321	610	29	10	0	90	2370	53	1	4	35	X	-	-	-	-	-	-	X	-	-	-
Turkey Club Wheat	1	331	650	31	10	0	90	2390	59	1	10	35	X	-	-	-	-	-	-	X	-	-	-
Veggie White	1	271	390	13	1	0	0	1120	55	4	4	11	X	-	-	-	-	-	-	X	-	-	-
Veggie Wheat	1	281	430	15	1	0	0	1140	61	4	10	11	X	-	-	-	-	-	-	X	-	-	-
OVEN BAKED SANDWICHES																							
Ham & Cheese Ciabatta	1	249	530	24	11	0.5	100	1820	43	0	3	37	X	-	-	-	-	-	-	X	-	-	-
Italian Supreme Ciabatta	1	290	600	31	15	1	105	1730	48	0	5	33	X	-	-	-	-	-	-	X	-	-	-
Spicy Sausage Ciabatta	1	253	660	38	16	0	90	1580	47	0	4	32	X	-	-	-	-	-	-	X	-	-	-
Stromboli Ciabatta	1	249	580	27	13	0.5	90	1540	49	0	5	33	X	-	-	-	-	-	-	X	-	-	-
GRAB'N GO																							
Chicken Bacon Ranch - White Hoagie	1	162	430	18	4	0	65	980	38	1	2	28	X	X	-	-	-	-	X	X	X	-	-
Club Combo - White Hoagie	1	345	600	25	10	0	105	2640	54	3	7	42	X	-	-	-	-	-	-	X	-	-	-
Club Combo - Focaccia	1	351	640	24	9	0	125	2700	64	1	5	42	X	-	-	-	-	-	-	X	-	X	-
Club Combo - Tomato Basil	1	351	640	24	9	0	125	2700	64	1	5	42	X	-	-	-	-	-	-	X	-	X	-
Club Combo - Wheat	1	331	560	21	9	0	105	2540	58	5	9	42	X	-	-	-	-	-	-	X	-	-	-
Ham & American Cheese White Hoagie	1	339	590	25	11	0	95	2550	53	3	6	39	X	-	-	-	-	-	-	X	-	-	-
Ham & American Cheese - Focaccia	1	345	610	24	10	0	95	2610	61	1	2	39	X	-	-	-	-	-	-	X	-	X	-
Ham & American Cheese Tomato Basil	1	345	630	24	10	0	115	2610	63	1	4	39	X	-	-	-	-	-	-	X	-	X	-
Ham & American Cheese - Wheat	1	325	550	21	10	0	95	2450	57	5	8	39	X	-	-	-	-	-	-	X	-	-	-
Italian Meat Trio - White Hoagie	1	316	680	35	16	0	105	2470	53	3	7	37	X	-	-	-	-	-	-	X	-	-	-
Italian Meat Trio - Focaccia	1	322	700	34	15	0	105	2530	61	1	3	37	X	-	-	-	-	-	-	X	-	X	-
Italian Meat Trio - Tomato Basil	1	322	720	34	15	0	125	2530	63	1	5	37	X	-	-	-	-	-	-	X	-	X	-
Italian Meat Trio - Wheat	1	302	640	31	15	0	105	2370	57	5	9	37	X	-	-	-	-	-	-	X	-	-	-
Turkey & Swiss - White Hoagie	1	339	570	20	9	0	90	2570	54	3	9	42	X	-	-	-	-	-	-	X	-	-	-
Turkey & Swiss - Focaccia	1	345	590	19	8	0	90	2630	62	1	5	42	X	-	-	-	-	-	-	X	-	X	-
Turkey & Swiss - Tomato Wrap	1	345	610	19	8	0	110	2630	64	1	7	42	X	-	-	-	-	-	-	X	-	X	-
Turkey & Swiss - Wheat	1	325	530	16	8	0	90	2470	58	5	11	42	X	-	-	-	-	-	-	X	-	-	-



Beverages

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
12 OZ KID'S CUP FOUNTAIN (COKE)																						
Barq's Root Beer	12 oz	150	0	0	0	0	70	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	12 oz	150	0	0	0	0	40	42	0	42	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	12 oz	150	0	0	0	0	40	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Coca Cola Zero Sugar	12 oz	0	0	0	0	0	40	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	12 oz	0	0	0	0	0	50	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Caffeine Free Diet Coke	12 oz	0	0	0	0	0	50	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Coffee	12 oz	5	0	0	0	0	5	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	12 oz	140	0	0	0	0	55	40	0	39	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	12 oz	0	0	0	0	0	70	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	12 oz	160	0	0	0	0	40	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Strawberry	12 oz	170	0	0	0	0	85	43	0	43	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Iced Premium Unsweetened Tea	12 oz	0	0	0	0	0	50	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Raspberry Tea	12 oz	90	0	0	0	0	65	23	0	23	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Black Tea	12 oz	120	0	0	0	0	45	31	0	31	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Green Tea	12 oz	100	0	0	0	0	50	24	0	24	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Flashin' Fruit Punch	12 oz	170	0	0	0	0	75	42	0	41	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Pink Lemonade	12 oz	150	0	0	0	0	100	35	0	35	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	12 oz	170	0	0	0	0	50	44	0	44	0	-	-	-	-	-	-	-	-	-	-	-
Minute Maid Lemonade	12 oz	160	0	0	0	0	100	38	0	37	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	12 oz	150	0	0	0	0	55	37	0	37	0	-	-	-	-	-	-	-	-	-	-	-
Powerade Mountain Berry Blast	12 oz	90	0	0	0	0	110	22	0	22	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	12 oz	150	0	0	0	0	70	36	0	36	0	-	-	-	-	-	-	-	-	-	-	-
Sprite Zero	12 oz	0	0	0	0	0	45	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
12 OZ KID'S CUP FOUNTAIN (PEPSI)																						
7UP	12 oz	140	0	0	0	0	50	35	0	35	0	-	-	-	-	-	-	-	-	-	-	-
A & W Rootbeer	12 oz	170	0	0	0	0	65	44	0	44	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Raspberry Tea	12 oz	70	0	0	0	0	50	18	0	18	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Unsweet Tea	12 oz	0	0	0	0	0	50	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	12 oz	150	0	0	0	0	25	42	0	42	0	-	-	-	-	-	-	-	-	-	-	-
Gatorade Fruit Punch (Red)	12 oz	80	0	0	0	0	160	22	0	21	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Lemonade	12 oz	140	0	0	0	0	135	35	0	45	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Pink Lemonade	12 oz	140	0	0	0	0	135	35	0	42	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	12 oz	160	0	0	0	0	45	44	0	43	0	-	-	-	-	-	-	-	-	-	-	-
Crush Strawberry Soda	12 oz	180	0	0	0	0	55	47	0	47	0	-	-	-	-	-	-	-	-	-	-	-
Diet 7UP	12 oz	0	0	0	0	0	45	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	12 oz	0	0	0	0	0	55	<1	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	12 oz	0	0	0	0	0	55	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Rite Cola	12 oz	0	0	0	0	0	0	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Sweetened	12 oz	100	0	0	0	0	50	27	0	27	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Unsweetened	12 oz	0	0	0	0	0	105	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	12 oz	170	0	0	0	0	50	44	0	44	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	12 oz	140	0	0	0	0	55	38	0	38	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	12 oz	150	0	0	0	0	30	41	0	41	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	12 oz	160	0	0	0	0	30	42	0	42	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Zero Sugar	12 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	12 oz	150	0	0	0	0	35	41	0	41	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist Zero Sugar	12 oz	0	0	0	0	0	35	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
SoBe Lifewater Yumberry Pomegranate	12 oz	0	0	0	0	0	45	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	12 oz	140	0	0	0	0	45	39	0	38	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	12 oz	170	0	0	0	0	45	39	0	38	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Diet Citrus Soda	12 oz	5	0	0	0	0	120	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Fruit Punch	12 oz	170	0	0	0	0	35	45	0	45	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Lemonade	12 oz	150	0	0	0	0	150	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Pink Lemonade	12 oz	150	0	0	0	0	150	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
16 OZ FOUNTAIN DRINK (COKE)																						
Barq's Root Beer	16 oz	200	0	0	0	0	90	54	0	54	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	16 oz	210	0	0	0	0	55	56	0	56	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	16 oz	200	0	0	0	0	50	53	0	53	0	-	-	-	-	-	-	-	-	-	-	-
Coca Cola Zero Sugar	16 oz	0	0	0	0	0	55	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	16 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Caffeine Free Diet Coke	16 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Coffee	16 oz	5	0	0	0	0	10	0	0	0	1	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	16 oz	190	0	0	0	0	60	52	0	51	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	16 oz	0	0	0	0	0	95	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	16 oz	220	0	0	0	0	55	53	0	53	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Strawberry	16 oz	230	0	0	0	0	110	57	0	57	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Iced Premium Unsweetened Tea	16 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Raspberry Tea	16 oz	130	0	0	0	0	90	31	0	30	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Black Tea	16 oz	160	0	0	0	0	65	42	0	41	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Green Tea	16 oz	130	0	0	0	0	65	32	0	32	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Flashin' Fruit Punch	16 oz	220	0	0	0	0	100	57	0	55	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Pink Lemonade	16 oz	190	0	0	0	0	130	47	0	47	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	16 oz	230	0	0	0	0	65	58	0	58	0	-	-	-	-	-	-	-	-	-	-	-
Minute Maid Lemonade	16 oz	220	0	0	0	0	135	50	0	49	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	16 oz	200	0	0	0	0	70	49	0	49	0	-	-	-	-	-	-	-	-	-	-	-
Powerade Mountain Berry Blast	16 oz	120	0	0	0	0	150	29	0	29	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	16 oz	200	0	0	0	0	90	49	0	49	0	-	-	-	-	-	-	-	-	-	-	-
Sprite Zero	16 oz	0	0	0	0	0	60	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
16 OZ FOUNTAIN DRINK (PEPSI)																						
7UP	16 oz	190	0	0	0	0	70	46	0	46	0	-	-	-	-	-	-	-	-	-	-	-
A & W Rootbeer	16 oz	230	0	0	0	0	90	59	0	58	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Raspberry Tea	16 oz	90	0	0	0	0	65	24	0	24	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Unsweet Tea	16 oz	0	0	0	0	0	70	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	16 oz	200	0	0	0	0	35	56	0	56	0	-	-	-	-	-	-	-	-	-	-	-
Code Red Mountain Dew	16 oz	230	0	0	0	0	65	61	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Lemonade	16 oz	180	0	0	0	0	180	47	0	60	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Pink Lemonade	16 oz	180	0	0	0	0	180	47	0	56	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	16 oz	220	0	0	0	0	65	59	0	58	0	-	-	-	-	-	-	-	-	-	-	-
Crush Strawberry Soda	16 oz	230	0	0	0	0	70	63	0	62	0	-	-	-	-	-	-	-	-	-	-	-
Diet 7UP	16 oz	0	0	0	0	0	60	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	16 oz	5	0	0	0	0	75	<1	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	16 oz	0	0	0	0	0	75	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Rite Cola	16 oz	0	0	0	0	0	5	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gatorade Fruit Punch (Red)	16 oz	110	0	0	0	0	220	29	0	28	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Sweetened	16 oz	140	0	0	0	0	65	36	0	36	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Unsweetened	16 oz	0	0	0	0	0	140	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	16 oz	220	0	0	0	0	70	59	0	58	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	16 oz	190	0	0	0	0	75	51	0	51	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	16 oz	200	0	0	0	0	40	55	0	55	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	16 oz	210	0	0	0	0	45	56	0	56	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Zero Sugar	16 oz	0	0	0	0	0	85	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	16 oz	200	0	0	0	0	45	54	0	54	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist Zero Sugar	16 oz	0	0	0	0	0	50	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
SoBe Lifewater Yumberry Pomegranate	16 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	16 oz	190	0	0	0	0	65	51	0	51	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	16 oz	230	0	0	0	0	60	61	0	60	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Diet Citrus Soda	16 oz	10	0	0	0	0	160	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Fruit Punch	16 oz	230	0	0	0	0	45	60	0	60	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Lemonade	16 oz	200	0	0	0	0	210	53	0	53	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Pink Lemonade	16 oz	200	0	0	0	0	210	53	0	53	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
20 OZ FOUNTAIN DRINK (COKE)																						
Barq's Root Beer	20 oz	250	0	0	0	0	115	67	0	67	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	20 oz	260	0	0	0	0	70	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	20 oz	240	0	0	0	0	65	67	0	67	0	-	-	-	-	-	-	-	-	-	-	-
Coca Cola Zero Sugar	20 oz	0	0	0	0	0	65	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	20 oz	0	0	0	0	0	80	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Caffeine Free Diet Coke	20 oz	0	0	0	0	0	80	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Coffee	20 oz	5	0	0	0	0	10	0	0	0	1	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	20 oz	240	0	0	0	0	100	66	0	64	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	20 oz	0	0	0	0	0	120	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	20 oz	270	0	0	0	0	65	66	0	66	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Strawberry	20 oz	290	0	0	0	0	140	72	0	71	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Iced Premium Unsweetened Tea	20 oz	0	0	0	0	0	85	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Raspberry Tea	20 oz	160	0	0	0	0	110	38	0	38	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Black Tea	20 oz	210	0	0	0	0	80	52	0	52	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Green Tea	20 oz	160	0	0	0	0	80	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Flashin' Fruit Punch	20 oz	280	0	0	0	0	120	71	0	69	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Pink Lemonade	20 oz	240	0	0	0	0	160	59	0	59	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	20 oz	290	0	0	0	0	85	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Minute Maid Lemonade	20 oz	270	0	0	0	0	170	63	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	20 oz	240	0	0	0	0	90	61	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Powerade Mountain Berry Blast	20 oz	150	0	0	0	0	190	37	0	36	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	20 oz	250	0	0	0	0	115	61	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Sprite Zero	20 oz	5	0	0	0	0	75	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
20 OZ FOUNTAIN DRINK (PEPSI)																						
7UP	20 oz	240	0	0	0	0	85	58	0	58	0	-	-	-	-	-	-	-	-	-	-	-
A & W Rootbeer	20 oz	290	0	0	0	0	110	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Raspberry Tea	20 oz	120	0	0	0	0	80	30	0	30	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Unsweet Tea	20 oz	0	0	0	0	0	85	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	20 oz	250	0	0	0	0	45	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Code Red Mountain Dew	20 oz	290	0	0	0	0	85	77	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Lemonade	20 oz	230	0	0	0	0	230	59	0	75	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Pink Lemonade	20 oz	230	0	0	0	0	230	59	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	20 oz	270	0	0	0	0	80	73	0	72	0	-	-	-	-	-	-	-	-	-	-	-
Crush Strawberry Soda	20 oz	290	0	0	0	0	90	79	0	78	0	-	-	-	-	-	-	-	-	-	-	-
Diet 7UP	20 oz	0	0	0	0	0	75	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	20 oz	10	0	0	0	0	90	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	20 oz	0	0	0	0	0	95	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Rite Cola	20 oz	0	0	0	0	0	5	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gatorade Fruit Punch (Red)	20 oz	140	0	0	0	0	270	36	0	34	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Sweetened	20 oz	170	0	0	0	0	85	46	0	45	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Unsweetened	20 oz	0	0	0	0	0	170	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	20 oz	280	0	0	0	0	85	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	20 oz	240	0	0	0	0	95	64	0	63	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	20 oz	250	0	0	0	0	50	69	0	69	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	20 oz	260	0	0	0	0	55	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Zero Sugar	20 oz	0	0	0	0	0	105	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	20 oz	260	0	0	0	0	55	68	0	68	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist Zero Sugar	20 oz	0	0	0	0	0	60	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
SoBe Lifewater Yumberry Pomegranate	20 oz	0	0	0	0	0	80	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	20 oz	240	0	0	0	0	80	64	0	63	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	20 oz	290	0	0	0	0	80	76	0	75	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Diet Citrus Soda	20 oz	10	0	0	0	0	200	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Fruit Punch	20 oz	280	0	0	0	0	55	75	0	75	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Lemonade	20 oz	250	0	0	0	0	260	67	0	66	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Pink Lemonade	20 oz	250	0	0	0	0	260	67	0	66	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
22 OZ FOUNTAIN DRINK (COKE)																						
Barq's Root Beer	22 oz	270	0	0	0	0	125	74	0	74	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	22 oz	280	0	0	0	0	75	77	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	22 oz	270	0	0	0	0	70	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Coca Cola Zero Sugar	22 oz	0	0	0	0	0	75	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	22 oz	0	0	0	0	0	90	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Caffeine Free Diet Coke	22 oz	0	0	0	0	0	90	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Coffee	22 oz	5	0	0	0	0	15	0	0	0	1	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	22 oz	260	0	0	0	0	80	72	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	22 oz	0	0	0	0	0	130	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	22 oz	300	0	0	0	0	75	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Strawberry	22 oz	310	0	0	0	0	150	79	0	78	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Iced Premium Unsweetened Tea	22 oz	0	0	0	0	0	90	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Raspberry Tea	22 oz	170	0	0	0	0	120	42	0	42	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Black Tea	22 oz	230	0	0	0	0	85	57	0	57	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Green Tea	22 oz	180	0	0	0	0	90	44	0	43	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Flashin' Fruit Punch	22 oz	310	0	0	0	0	135	78	0	76	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Pink Lemonade	22 oz	270	0	0	0	0	180	65	0	65	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	22 oz	310	0	0	0	0	95	80	0	80	0	-	-	-	-	-	-	-	-	-	-	-
Minute Maid Lemonade	22 oz	300	0	0	0	0	190	69	0	68	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	22 oz	270	0	0	0	0	100	67	0	67	0	-	-	-	-	-	-	-	-	-	-	-
Powerade Mountain Berry Blast	22 oz	170	0	0	0	0	210	40	0	40	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	22 oz	270	0	0	0	0	125	67	0	67	0	-	-	-	-	-	-	-	-	-	-	-
Sprite Zero	22 oz	5	0	0	0	0	80	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
22 OZ FOUNTAIN DRINK (PEPSI)																						
7UP	22 oz	260	0	0	0	0	95	64	0	64	0	-	-	-	-	-	-	-	-	-	-	-
A & W Rootbeer	22 oz	320	0	0	0	0	125	81	0	80	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Raspberry Tea	22 oz	130	0	0	0	0	90	33	0	33	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Unsweet Tea	22 oz	0	0	0	0	0	95	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	22 oz	280	0	0	0	0	45	77	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Code Red Mountain Dew	22 oz	310	0	0	0	0	90	85	0	84	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Lemonade	22 oz	250	0	0	0	0	250	65	0	83	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Pink Lemonade	22 oz	250	0	0	0	0	250	65	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	22 oz	300	0	0	0	0	85	81	0	80	0	-	-	-	-	-	-	-	-	-	-	-
Crush Strawberry Soda	22 oz	320	0	0	0	0	100	87	0	86	0	-	-	-	-	-	-	-	-	-	-	-
Diet 7UP	22 oz	5	0	0	0	0	80	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	22 oz	10	0	0	0	0	100	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	22 oz	0	0	0	0	0	105	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Rite Cola	22 oz	0	0	0	0	0	5	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gatorade Fruit Punch (Red)	22 oz	150	0	0	0	0	300	40	0	38	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Sweetened	22 oz	190	0	0	0	0	95	50	0	50	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Unsweetened	22 oz	0	0	0	0	0	190	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	22 oz	310	0	0	0	0	95	81	0	80	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	22 oz	260	0	0	0	0	105	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	22 oz	280	0	0	0	0	60	76	0	76	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	22 oz	290	0	0	0	0	60	78	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Zero Sugar	22 oz	0	0	0	0	0	115	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	22 oz	280	0	0	0	0	60	74	0	74	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist Zero Sugar	22 oz	5	0	0	0	0	70	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
SoBe Lifewater Yumberry Pomegranate	22 oz	0	0	0	0	0	85	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	22 oz	260	0	0	0	0	85	71	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	22 oz	310	0	0	0	0	85	83	0	82	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Diet Citrus Soda	22 oz	15	0	0	0	0	220	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Fruit Punch	22 oz	310	0	0	0	0	60	83	0	82	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Lemonade	22 oz	280	0	0	0	0	280	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Pink Lemonade	22 oz	280	0	0	0	0	280	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
32 OZ FOUNTAIN DRINK (COKE)																						
Barq's Root Beer	32 oz	400	0	0	0	0	180	108	0	108	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	32 oz	410	0	0	0	0	110	112	0	112	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	32 oz	390	0	0	0	0	100	107	0	107	0	-	-	-	-	-	-	-	-	-	-	-
Coca Cola Zero Sugar	32 oz	0	0	0	0	0	105	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	32 oz	0	0	0	0	0	130	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Caffeine Free Diet Coke	32 oz	0	0	0	0	0	130	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Coffee	32 oz	10	0	0	0	0	20	0	0	0	1	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	32 oz	380	0	0	0	0	115	104	0	102	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	32 oz	0	0	0	0	0	190	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	32 oz	430	0	0	0	0	105	106	0	106	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Strawberry	32 oz	460	0	0	0	0	220	115	0	113	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Iced Premium Unsweetened Tea	32 oz	0	0	0	0	0	130	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Raspberry Tea	32 oz	250	0	0	0	0	180	61	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Black Tea	32 oz	330	0	0	0	0	125	83	0	83	0	-	-	-	-	-	-	-	-	-	-	-
Gold Peak Sweetened Green Tea	32 oz	260	0	0	0	0	160	64	0	63	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Flashin' Fruit Punch	32 oz	450	0	0	0	0	200	113	0	110	0	-	-	-	-	-	-	-	-	-	-	-
Hi-C Pink Lemonade	32 oz	390	0	0	0	0	260	94	0	94	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	32 oz	460	0	0	0	0	135	116	0	116	0	-	-	-	-	-	-	-	-	-	-	-
Minute Maid Lemonade	32 oz	430	0	0	0	0	270	100	0	98	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	32 oz	390	0	0	0	0	140	98	0	98	0	-	-	-	-	-	-	-	-	-	-	-
Powerade Mountain Berry Blast	32 oz	240	0	0	0	0	300	59	0	58	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	32 oz	400	0	0	0	0	180	97	0	97	0	-	-	-	-	-	-	-	-	-	-	-
Sprite Zero	32 oz	10	0	0	0	0	120	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
32 OZ FOUNTAIN DRINK (PEPSI)																						
7UP	32 oz	380	0	0	0	0	135	93	0	93	0	-	-	-	-	-	-	-	-	-	-	-
A & W Rootbeer	32 oz	460	0	0	0	0	180	117	0	116	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Raspberry Tea	32 oz	190	0	0	0	0	130	48	0	48	0	-	-	-	-	-	-	-	-	-	-	-
Brisk Unsweet Tea	32 oz	0	0	0	0	0	135	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	32 oz	400	0	0	0	0	70	112	0	112	0	-	-	-	-	-	-	-	-	-	-	-
Code Red Mountain Dew	32 oz	460	0	0	0	0	130	123	0	123	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Lemonade	32 oz	370	0	0	0	0	370	95	0	120	0	-	-	-	-	-	-	-	-	-	-	-
Country Time Pink Lemonade	32 oz	370	0	0	0	0	370	95	0	112	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	32 oz	440	0	0	0	0	125	117	0	116	0	-	-	-	-	-	-	-	-	-	-	-
Crush Strawberry Soda	32 oz	470	0	0	0	0	140	126	0	124	0	-	-	-	-	-	-	-	-	-	-	-
Diet 7UP	32 oz	10	0	0	0	0	120	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	32 oz	10	0	0	0	0	150	1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	32 oz	0	0	0	0	0	150	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Diet Rite Cola	32 oz	0	0	0	0	0	10	<1	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Gatorade Fruit Punch (Red)	32 oz	220	0	0	0	0	440	58	0	55	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Sweetened	32 oz	280	0	0	0	0	135	73	0	73	0	-	-	-	-	-	-	-	-	-	-	-
Lipton Iced Tea Unsweetened	32 oz	0	0	0	0	0	280	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	32 oz	450	0	0	0	0	140	117	0	117	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	32 oz	380	0	0	0	0	150	102	0	101	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	32 oz	410	0	0	0	0	85	110	0	110	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	32 oz	420	0	0	0	0	85	113	0	112	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Zero Sugar	32 oz	0	0	0	0	0	170	<1	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	32 oz	410	0	0	0	0	90	108	0	108	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist Zero Sugar	32 oz	10	0	0	0	0	100	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
SoBe Lifewater Yumberry Pomegranate	32 oz	5	0	0	0	0	125	<1	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	32 oz	380	0	0	0	0	125	103	0	101	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	32 oz	460	0	0	0	0	125	121	0	120	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Diet Citrus Soda	32 oz	20	0	0	0	0	320	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Fruit Punch	32 oz	450	0	0	0	0	90	120	0	120	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Lemonade	32 oz	410	0	0	0	0	410	107	0	106	0	-	-	-	-	-	-	-	-	-	-	-
Tropicana Pink Lemonade	32 oz	410	0	0	0	0	410	106	0	106	0	-	-	-	-	-	-	-	-	-	-	-

EXPRESS COFFEE, ICED TEA & FOUNTAIN SODA CONT.

PRODUCT	NUTRITION											ALLERGENS										
	Size	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Milk	Eggs	Peanuts	Tree Nuts	Fish	Shellfish	Soy	Wheat	MSG	Garlic/Onion	Sesame
20 OZ BOTTLE (COKE)																						
Barq's Root Beer	20 oz	270	0	0	0	0	115	75	0	74	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	20 oz	260	0	0	0	0	60	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	20 oz	240	0	0	0	0	75	65	0	65	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	20 oz	0	0	0	0	0	40	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	20 oz	250	0	0	0	0	100	66	0	64	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	20 oz	0	0	0	0	0	100	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	20 oz	270	0	0	0	0	90	73	0	72	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	20 oz	290	0	0	0	0	75	78	0	78	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	20 oz	230	0	0	0	0	65	64	0	64	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	20 oz	200	0	0	0	0	110	54	0	54	0	-	-	-	-	-	-	-	-	-	-	-
20 OZ BOTTLE (PEPSI)																						
7UP	20 oz	240	0	0	0	0	65	64	0	64	0	-	-	-	-	-	-	-	-	-	-	-
Cheerwine	20 oz	250	0	0	0	0	42	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	20 oz	270	0	0	0	0	120	72	0	72	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	20 oz	10	0	0	0	0	85	<1	0	<1	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	20 oz	0	0	0	0	0	60	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	20 oz	290	0	0	0	0	105	77	0	77	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	20 oz	260	0	0	0	0	105	72	0	71	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	20 oz	250	0	0	0	0	55	69	0	69	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	20 oz	260	0	0	0	0	55	70	0	70	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	20 oz	240	0	0	0	0	60	61	0	61	0	-	-	-	-	-	-	-	-	-	-	-
Squirt Citrus Soda	20 oz	240	0	0	0	0	80	64	0	64	0	-	-	-	-	-	-	-	-	-	-	-
Sun Drop Citrus Soda	20 oz	290	0	0	0	0	90	76	0	76	0	-	-	-	-	-	-	-	-	-	-	-
2-LITER BOTTLE (COKE)																						
Barq's Root Beer	2-Liter	960	0	0	0	0	420	270	0	270	0	-	-	-	-	-	-	-	-	-	-	-
Cherry Coke	2-Liter	900	0	0	0	0	210	252	0	252	0	-	-	-	-	-	-	-	-	-	-	-
Classic Coke	2-Liter	840	0	0	0	0	270	234	0	234	0	-	-	-	-	-	-	-	-	-	-	-
Diet Coke	2-Liter	0	0	0	0	0	240	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Dr Pepper	2-Liter	900	0	0	0	0	330	240	0	240	0	-	-	-	-	-	-	-	-	-	-	-
Diet Dr. Pepper	2-Liter	0	0	0	0	0	360	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Fanta Orange	2-Liter	1080	0	0	0	0	300	288	0	288	0	-	-	-	-	-	-	-	-	-	-	-
Mello Yello	2-Liter	1080	0	0	0	0	270	288	0	288	0	-	-	-	-	-	-	-	-	-	-	-
Pibb Xtra (formerly Mr. Pibb)	2-Liter	840	0	0	0	0	240	234	0	234	0	-	-	-	-	-	-	-	-	-	-	-
Sprite	2-Liter	820	0	0	0	0	190	220	0	220	0	-	-	-	-	-	-	-	-	-	-	-
2-LITER BOTTLE (PEPSI)																						
Cheerwine	2-Liter	900	0	0	0	0	150	252	0	252	0	-	-	-	-	-	-	-	-	-	-	-
Crush Orange Soda	2-Liter	1020	0	0	0	0	420	276	0	276	0	-	-	-	-	-	-	-	-	-	-	-
Diet Mountain Dew	2-Liter	20	0	0	0	0	300	1	0	1	0	-	-	-	-	-	-	-	-	-	-	-
Diet Pepsi	2-Liter	0	0	0	0	0	210	0	0	0	0	-	-	-	-	-	-	-	-	-	-	-
Mountain Dew	2-Liter	1020	0	0	0	0	360	276	0	276	0	-	-	-	-	-	-	-	-	-	-	-
Mug Root Beer	2-Liter	960	0	0	0	0	390	258	0	258	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi	2-Liter	900	0	0	0	0	180	246	0	246	0	-	-	-	-	-	-	-	-	-	-	-
Pepsi Wild Cherry	2-Liter	960	0	0	0	0	180	252	0	252	0	-	-	-	-	-	-	-	-	-	-	-
Sierra Mist	2-Liter	840	0	0	0	0	210	222	0	222	0	-	-	-	-	-	-	-	-	-	-	-